

## Sananda (0906)

### *This sole Belief*

I pour my Love on each of you, in the center of each of your hearts so that it may radiate, shine and support this Love that you are! I am Sananda and my Heart is filled with joy at the thought of being with you today, at this precise moment of Eternity in this space-time on Mother Earth, at this glorious time of the ascension of this Planet.

Yes, each of you is participating in a great adventure at this moment: the adventure of awakening to truth, immortality, eternity, abundance and True Life; awakening to what you really are. For the energies that are poured with much Love on this Planet at this time touch each one of you deeply, in the core of your Being. Indeed, these energies are awakening in you what belongs to you and what you still do not know about yourself, at all levels of your Being; what you do not know about yourself and those who preceded you before this incarnation. Those who preceded you and allowed this body to be born in this time, in this place, on this Planet, at this very time.

Yes, there is in you a whole universe of frequencies, a glorious universe; for each of these frequencies has a teaching; it carries wisdom, carries its Life. And this Life, at this frequency, is harmonizing with the life that you are at this moment, that you manifest from this physical body, now, on this Planet. So today, I, your brother, invite you to adopt my vision.

You read earlier that I marvelled at the greatness of the Creative Life Intelligence. You read it, didn't you? You heard it. Today I come among you to tell you and announce that you are invited to live it! Live this greatness! And how can you do that? In a very, very, very simple manner, so simple that you may not believe what your ears will hear right now.

The first condition for achieving this, my dear brothers and sisters, ***is to believe in it!*** When you look inside yourself, if you imagine and believe that you will see nothing, will feel nothing; that is what you will reap: ***nothing*** because you think you can't. Thus, I say to you, children of the Earth, ***this sole belief*** cuts you off from your connection to the Great Life that inhabits you, for this belief is ***an unsurmountable wall*** that you create yourself, often by unconsciousness and ignorance. It is you who govern all the energies that are within you, around you. It is you who rule completely with great authority and power, without realizing it, all those energies that are within you.

In you, there is the great Gate that connects you to the Great Life, to its Wisdom, its Intelligence, its Frequency. But if you are convinced that there is nothing inside you because you are unable to hear, visualize, imagine and believe that you belong to this Power, to Life; well, that does it: you create this reality. You create it the very second you enter in yourself believing that nothing happens there because you are not able, because you have never lived it in this life. Brothers and sisters, do you realize the extent of your creative power? You are the one who rules everything that happens inside you, or at least 99% of it.

Then, the first condition to feel this link with the Great Life, this vibrant and intelligent Life palpitation in which you now live, is that when you stop and go inside yourself to set your attention, your eyes, everything that you are, this Consciousness, this Life Spark that you are; believe that you will receive messages, that you will feel Life, that you will see Light and that you will feel Life, Light, palpitation, frequency. **Believe it!** Because with this belief, you build the Light Cathedral that will allow you to connect and feel, to live Life. And it also allows you to feel it and live it on another level: the level of the One Life that is in you, that keeps this body alive, that regenerates each of your cells, that allows you to interpret and feel emotions, that allows you to think, to feel, to live a thought. **Believe it!**

When I went to that great desert to center inside myself, I knew I would live a special moment. I had a feeling that a great door of understanding would open in me and that I was the guiding thread, the maestro. It was I who allowed the openness to this feeling, to these perceptions that it came from me.

Well! When you move about in this world, do you perceive that you are the maestro, that you belong to the Heart of the Creator? Do you perceive that, since you belong to this Heart of the Creator, everything is possible for you: all abundance is due to you, all abundance is possible for you? ***You can attract whatever you want from this life since you are both its creator and its ruler.***

Then why would you want to manifest "lack" in your life, since, in a way, you create all this abundance yourself? Why choose to feel the "lack", the separation? Why choose to believe that you are incapable? That you don't feel it? It is this belief, this simple belief that speaks to the Universe and tells it what you want to create inside you, what you want to feel inside you.

***You are the architect of your success!*** You are the one who holds the golden key to reconnect with the Great Life, to feel this link, this Life pulse within you and around you, through your belief. You are the truly almighty gods of the Universe that were entrusted to you. That body you use, that family you live with, those friends you see. You are the ultimate god, the ultimate goddess of it all! It is time to accept this truth deeply within you. Not only as knowledge you mentally set on a shelf in your heart and that, at times, you decide to dust off.

No, integrate this knowledge inside you; feel it growing inside you, taking roots. And how will you do that? By setting the intention, the belief; by decreeing, by commanding that from now on you open yourselves to the Universe. You open yourselves to the Great Sacred Divine Wisdom of Creation. You open yourselves to the Infinite, Unconditional, Sacred, Divine Love of Life. You open yourselves to the Great Life now! From now on, it is this Great Life that guides you, you merge with this Great Life with Love. You choose to merge with Love because you believe in it, you feel it and you trust!

Well! Everything is so simple when you have faith, when you trust! Everything is so simple when you understand your intimate connection to the Great Life! Declare that from now on the Great Life and yourself, at all levels of your being, are One!

You decree and you anchor this certainty every day:

*"I and the Great Life are One. I and the Great Life are at the service of Love; of the expansion of Love, of the expansion of its Perfection in this body, in these emotions, in these thoughts which are what I use now, which are the expression of the Great Life now, from this body, from whom I am now. I and the Great Life are One! I'm the Great Life in action now!"*

You see, by these simple words, you open great doors, you attract new frequencies to yourselves: frequencies that come from High Spheres of Light, from multidimensional High Spheres that are in connection with the Earth at this moment. All this to awaken you and support the expansion of your Light, the One Light within you!

I invite you to meditate on these words and to welcome them in your heart. I wish you to **believe in it**: to believe in your potential, to believe in this Great Life in you. This Great Life that grows, flourishes and guides you towards your own perfection: its Perfection manifested in you.

These are the words I wanted to address to you today, children of the Earth, children of this Love manifested, materialized and densified in this dimension.

Thank you!