



## Mary's Special Day

### Mary

Greetings my dear children, I'm Mary. It is a great privilege for me to be here today. I have covered you with my Robe of Light, my Aura of Love so that this meeting of Sacred Light, this meeting of my Heart to your Heart, of our Hearts, of our One Heart can open the biggest and most beautiful door for you: the Love for yourself, the Love for that Being, that Light that you are.

So, dear children, take a long deep breath. Breathe in this light that is surrounding you now. It is golden and pink. Feel this Living Soothing Love energy permeating your whole being, your lungs, your Heart, it is flowing into each of your members down to your feet, it is covering your head, your eyes, your ears, your nose, all your senses. Feel this Love energy enveloping you, transforming you. In full consciousness, start descending this Crystal Light staircase that goes in your Sacred Heart. At each step, breathe in that golden pink conscious Light in which we are bathing now. Breathe calmly this energy, this awareness and enter this sacred space that only you know: your Sacred Heart, your Cathedral of Eternal Light. Enter softly and proceed to the center of this beautiful room that speaks of you.

At the center of this room, there is a royal chair made of gold and crystal. You gently take your place on that seat and focus on your Sacred Heart, on the Light in you. Feel it! Visualize it! It is growing. It is the Flame of your Love, the Flame of your Interior Christ, the Flame of your Divine and Sacred Reality. Feel this Flame growing. It completely envelops you and the throne on which you are sitting and you feel an extraordinary peace settling in you, comforting you. Breathe very gently. Continue to breathe in consciously that Love Light in which we are all bathing now.

While remaining in this peace, imagine that together you form a large circle of Light. At the center of this circle appears a Royal Blue Flame with hues of Navy Blue and Indigo. This Flame is powerful, magnificent, marvelous. The Flame will now address you. I will let it speak and I will return later.

### **Guardian Flame of your Sacred Heart**

Greetings everyone! How are you today? Let me introduce myself to you. I am the Guardian Flame of your Sacred Heart, the Keeper of the Almighty Love that burns in the Heart of your Interior Christ. I am the Flame that serves as a link between your Consciousness and your Christ Self Consciousness. Today, I am here to help you prepare yourself to connect with the Inner Power, the Light Being that you are but are not aware of yet.

While continuing to feel the peace in your Heart, I would like you to imagine getting up and moving towards me, approaching in consciousness to a distance of about 1 meter (3 feet). Can you feel my radiance? It is a radiance of power, integrity, consciousness. Feel this radiance penetrating you. It crosses the twisted paths, it realigns the structures that are not straight, that have strayed away from the center.

Feel that your feet are taking roots deeply into the Earth and that your Light deeply anchors to the Heart of Mother/Earth. Feel her energy, her Almighty Love moving up these roots, going through your legs and anchoring itself into your Sacred Heart. Feel that you are divinely guided and protected when you are firmly

anchored to this Powerful Pure Love of Mother / Earth. Now feel a beam of light going from your Sacred Heart, through your crown chakra and anchoring to the great Central Sun.

You're standing in front of me. You are strongly anchored to Heaven and Earth, to the dimension of Light and to the dimension of Earth in your physical body. Now, see my radiance increasing. It is surrounding you completely. Feel your structures straightening themselves out:

your thoughts' structures,  
your emotions' structures,  
your physical cells' structures.

Each pattern is realigning with the righteousness of the Eternal Love that you are. Feel your unique, sacred and divine place firmly anchored within your Sacred Heart. You bathe in the righteousness, in the path of Eternal Light and all your bodies realign. Feel the energy of my Being, of this Flame permeating you, bringing a Light that stabilizes all your bodies, your inner Cathedral of Light, your physical body, your emotional body, your mental body, your spiritual bodies.

Everything realigns itself. Everything takes root in the Light of Eternity, of righteousness, of peace, of harmony. And now feel the Presence of your Christ Self in your Heart. You feel his Love shining, expanding, enveloping all of your bodies, your whole Being. You are One with the consciousness of your Higher Self, the Consciousness of the Christ in you, the consciousness of the Eternal Being that you are. Feel his energy merging with yours. Feel his Almighty Love, his Light ...his Peace ... his Joy ... You are a Being of Eternity. You are Light. You are Love. These words are being engraved in you. This certitude, this trust, this knowledge, this thought anchor themselves in you and you are One in all the dimensions including your physical body in the consciousness of perfect unity. (Silence ...)

Now, let me give you a hint. If you want to repeat this intimate contact with this divine part, this Light Being who lives in your Sacred Heart, you can in your daily meditation imagine yourself standing in front of me and see a door forming itself in the Royal Flame that is in front of you. A door for you only, with a shape and a color that belong to you alone. You will imagine the door opening unto this space-time you just created for yourself, opening on your Sacred and Divine Presence. It opens on Eternity, on the Perfect Sacred Luminous Structure that allows you to anchor this Power in your consciousness, this Love, this Christ Being that you are, to merge your consciousness with the consciousness of the Almighty in you.

This is the gift I wanted to bring you today, my brothers and sisters who have dared to live the adventure of the 3rd dimension. I am the Guardian of the Threshold of your Sacred Heart. I am the Guardian of your Supreme Being who sits in your Cathedral of Light and every day, you can present yourself to me and see that door opening. One day, when you will be done with your learning, I will be there to welcome you into your Eternity. When you will have learned to live every moment of your life with Love and Respect. I am the Keeper but I am also the Initiate. I am the One who has taught you life after life, century after century, planet after planet, universe after universe and in this life, on this planet, in this dimension, in this sacred time/space where you live today.

This Sacred space that you are living now is a space that has never been lived in any universe, on any planet. It is a very special, wonderful space / time for which you have prepared yourself. From life to life we have followed you, supported you, taught you. We have planned together all the learning experiences that you had to live in each incarnation. I know everyone really well. I will be the One opening the door of your Sacred Heart on the day where your Christ Self will manifest himself to you consciously in your physical body.

Today, we have given you an amazing tool to help you realign all your bodies with your physical body. Not only realign but restore because the energy that emanates from my Flame is a healing energy. It is an energy that corrects structures very gently. If you injure an arm, you take care of it, don't you? You put ointment on it. You take the necessary vitamins. You put a splint if necessary. The energy of my Flame acts this way with each of your structures, ranging from the densest to the more subtle because this healing energy is first

and foremost an energy of Pure and Sacred Love. All the corrections are brought with the sweetness of the Sacred Love, without rushing, without forcing anything.

With this flame, you can regenerate your physical body, your way of thinking, of seeing life, of feeling life. You can regenerate your whole being in the righteousness of the Sacred Light, in the righteousness of One Love united with the Heart of the Great Central Sun. It is a privilege that we grant you on this very special day. From now on, the Earth will bathe in the ultra-powerful energies of Light. We begin an important step to assist the planet and humanity in their ascension to the 5<sup>th</sup> dimension. Today, in the Heart of every human being on Earth, a Star made of Light is deposited, a Star made of very powerful Light that will speak, that will feed the Sacred and Divine Love in the Heart of every human being to help him remember who he is: this Star with super strong Light.

I speak here with symbols. We put in the heart of every human being a sacred particle of the Love of Father / Mother God the Creator which will act as a super powerful catalyst. These catalysts are linked to the Light matrix that surrounds the Earth and they are connected to all the planets of this solar system and more. It is as if you were connected by an invisible and powerful link to the Christ Love which sweeps the entire planet. This planet will not be neglected. It will be saved by the power of Father / Mother God's Love for his daughter, this planet, this energy, this consciousness. And starting today, people are invited to rise to an even more important level.

This Planet will receive massive doses of Light until mid 2010. So, my children, admire the sacred and divine plan that will take place around you and especially inside of you, because it is not only Mother / Earth who is preparing to be reborn at a higher octave of vibrations but also every Human Being.

Earth's Great Love wants to bring a portion of humanity with it in the high vibration of the 5th dimension and you are among those children. Your presence here proves it. You have made your way here to celebrate a moment of Sacred Light on this planet, on this day, in this dimension. Know that none of you travelled alone. You are accompanied by 33 guides specialised in the repatterning of thoughts and emotions, in the repatterning of the physical bodies, the Light Matter, we could say.

Matter is condensed Light. You know that? And if you are a Master of Light, you can play with the vibrations of the Light. You can condense it. You can alter it, make it more or less subtle, more or less rapid and those accompanying you have come to help. They are currently working around each one of you to re-stabilize and re-energize the atoms of Light composing your physical structure and your invisible structures.

So take a deep breath and try to feel these presences around you, working at all levels. Try to feel this energy, this sweetness. They are reaching all the levels, all the dimensions of your being, and while we continue with this sacred event, they will keep working on everyone. So breathe with happiness in your Heart because you are in the process of being transformed. We first asked permission from your Higher Self to do this attunement and everyone here deserves this honor, this privilege. These guides work in perfect harmony with your Higher Self.

Today, the most important thing you should remember is that a new door is opening for each one of you for each human on Earth. They will not all cross its threshold but everyone here now, listening to these words, have chosen to enter the door of Christ's awakening in you.

Know that the word you hear: **Love** is much more than a word, much more than a vibration, much more than a color, a sound. It is the Presence of Father / Mother God the Creator in you and around you. This is what keeps you alive. This is what teaches you to move forward, to grow. With this new door opening for Humanity, for the Earth, a new flow of energy is arriving! It will manifest itself in each one of your hearts. It will anchor itself and this energy will literally transform your vision of life. Is there anyone, among you here, who already sees in a different manner, the importance of Love? Do you feel that your way of thinking is being changed? Well this, my children, is the new life.

The new life is a stream of energy, a current of Love that will help you, that will transform you so that you can finally allow the manifestation of the Light Being that you are! To help you manifest the love, the trust, the Light that you are, without fear because you will be ONE with all creation, ONE with the magic of Life around you, with the situations, the people, with all that is around you and in you. You are being reborn. This Light which is now growing in you, assists you, supports you. It opens the doors of your understanding, of your inner vision.

Soon, you will change the way you see life. You will realize up to what point life can be easy and magical, how it can be wonderful. It is a way of thinking that you will adopt, that will mature in you, that will color the way you see life, you feel it and you manifest it in yourself. Yes, today is truly a great day.

In order for this deployment to take place within you with much more grace and ease, you will have to accept, you will need to welcome the person that you are in its integrality, in its entirety, in all that you are. Starting today, this Love in you, will help you accept yourself as you are: with your gray hair, your nails too short or too long, your skin changing color, with all that you are because **the first step** towards this great encounter with this Inner Christ, **is you!** It is to love yourself unconditionally. So isn't this a great day! You prepare yourself to be reborn like children! You prepare yourself to be reborn in a world of Love, Light, Peace!

Now I will let Mary talk to you and do not forget the Flame. Remember this door, this energy in which you can come and bathe every day. It is me, your guardian. It is me who is the door of your consciousness, the intimate door of your Christ within, and I salute you!

### Mary

Greetings to you! Or re-greetings! I'm Mary. Isn't this Flame extraordinary and wonderful? It is a Flame with which you all are in great harmony! Have you noticed? This Flame has great powers of transformation, of rebirth. In fact, it is affiliated with the Seven Sacred Flames you know. It works with all of them. Know that for each lesson you integrate, you have to learn from each one of these Flames. Since this Flame is one of the Guardian Flames of your Inner Christ, of this relationship you have with the Inner Christ, it knows everything about you. It knows you from A to Z. Is it not extraordinary and wonderful?

**Group** – What color is the flame?

**Mary** – A beautiful Blue ... Royal ... indigo .... scintillating with gold and white. It is a blue hard to describe because it is a composition of several blue colors but you can ask your inner intuition, your inner vision to see it and it will appear.

Many of you have heard of the \*12 Stars of Mary, haven't you? We have done great work with a large part of humanity with these Stars. This work does not only prepare human beings but also the planet and the energies of consciousness that will inhabit earth over the next two thousand years. The humans who have participated in this work were used as receptacles for the energies of consciousness, the energies of Love. From their Sacred Heart, these energies have reached and anchored to the center of the Earth. They are linked with the Light Matrices which protect the Heart of Mother / Earth and with the Light Matrices around the body of Mother / Earth. And all this consciousness, this Light, this Love is acting as a kind of shield made of human Love. Let me explain.

Those who collaborated in this work with the 12 Stars had accepted the contract. They wanted to provide a human touch to the Sacred Light that participates in the great work of resurrection happening on Earth. Not only on the body of Mother / Earth but also on the human bodies and on the bodies of those realms that you call the animals, plants, minerals.

These people have served as an anchor to receive the Light that came from the High Sacred Spheres. From their Heart, the Light has gone through all the dimensions and it brings a touch of Sacred human love to everything that occurs on Earth now. It brings a special and wonderful color because one of the reasons for this work is that mankind wanted to Thank the Earth. Thank her for her love, her patience, her perseverance during those millions of years where she carried Humanity. Thank her for helping the manifestation of Love in this dimension even though for centuries no light could enter the Human Heart. So, in a state of Love and Gratitude, humans wanted to bring part of their love in this great plan. They wanted to offer Mother / Earth a part of their Heart, a part of their Sacred Essence.

And it is this Sacred Essence that is now shining in all the Light Matrices that start from the center of the Earth, go around the Earth and make their way up to the sun of your solar system. There is now a quality of human love from Earthlings that travels through your solar system. Isn't that wonderful?

Know that when each one of you does his work of Love... let me rephrase this ... when you Love yourself unconditionally. When you take the time to welcome yourself in your Being, in what you are. When you take the time to lull yourself, to love yourself. Then you expand the quality of the Love flowing in Planet Earth's matrix. Each heart is linked to the Heart matrix of Mother / Earth and every human who advances on his path of Love, on his path of Light contributes to this blaze of Light tinged with a very special, beautiful pink color.

It is never too late, is it? The Love from the Great Central Sun is never late, it is Eternal. It offers each one of his children in all the dimensions, in all the solar systems, in all the universes, Eternity to accomplish himself, to self-realize, to recognize his Divinity, his Love, his special spark of Love Light. You can also participate in the work of the 12 Stars solely by loving yourself, by approaching yourself more and more of this divinity in you, by welcoming yourself in what you are. Do you remember this message where you were asked to put on the glasses of the Seven Rays to look at yourself? Well, continue to put these glasses on, to see yourself as we see you, to look at each human being around you with glasses of Love, of Respect.

Denise was meditating this week and she asked me how can one live this Love? How can one get to live with this Love which opens everything, which recognizes the Divine in everything? And we showed her an image that we will share with you.

Imagine a scale with two trays. The first tray reminds your consciousness that everything around you is part of a larger puzzle. You are in a great theatre play. If you accept that everything around you is part of the Divine Consciousness and is part of the games that you have chosen to live to learn who you are. It makes life look less dramatic, doesn't it? You can look at the big picture, the great play and you find that the plan is perfect.

In the second tray of consciousness, you only have to observe, to recognize that every Heart that appears before you is a Heart of God, that God exists in every human being. All those who are part of this great play, all the situations that arise in your life are divine consciousness experimenting and learning.

If you keep these two elements in your consciousness, it will become very easy to see Love in all, to feel Love in all. You will see everything around you, all the situations as part of a perfect plan. In fact, know that this whole creation which is your life now has only one goal: to help you recognize your divinity. Nothing else! You have to recognize the games you have created, the thoughts you have created, the beliefs you have accepted, the pain, the emotions that you have created. Everything that is around you is a Divine and Holy Game.

So, to end, I will say: "always be a divine and sacred scale with two trays in your consciousness. On one tray, you look at the landscape and you contemplate the perfection of each of its components and on the other tray, you acknowledge the Divinity in the process of learning through every human being." With these words, I leave you. See you soon!

### Sananda

Greetings everyone, I am Sananda. Today, I present myself at the end after Mary, after the Flame, after you. Isn't this the right place? I could not leave you without coming to say some words of love. To meet you in this space / time is very precious to me. It is a gift I offer myself to share my love with you and to feel the love of your hearts. Indeed, you are offering all of creation a wonderful and extraordinary display of lights. Did you know?

You are now surrounded by several circles of Light Beings that have come from all the kingdoms to share this Light, this Love with you on this special day. You bathe in Mary's energy and theirs.

Know that we are currently working at planning the events for the next 6 months. There are several plans that are superimposed. In fact, there are several thousands of plans depending on the dimension of which we speak and the teams working to achieve these plans. The plan of which I speak is very dear to me. This is the plan that will help humanity open its Christ Heart and it takes place in collaboration with several kingdoms, several dimensions. It is a gigantic endeavour which will take place even in your dimension. Isn't that wonderful?

You, on Earth, see only 1/1000<sup>th</sup> of 1% of everything that happens. You only see the minimum although you live in this dimension. There is quite an organization, quite a planning required for this awakening of the consciousness of this planet and its survival. We are working hard to stabilize the body of the Earth, to stabilize its energetic currents so that the pollution created at all levels by humanity does not kill the planet. There are several teams working 24 hours on 24 to monitor Mother / Earth, its oceans, its continents, the air, the waters, its biochemical structures. And all this because of Love: we Love you, we Love life, we Love joy.

Can you imagine your life as a life of Light, as a life where everything is easy, where everything is done with joy? This is what humanity will know soon despite all the resistance, all the manipulation of information, all the beliefs which are preventing the Humans to accept this truth.

I would like to bring your attention to a small detail ... which is rather important. You are familiar with this device you call television, aren't you? Each household on the planet or almost has one. This small sacred device in front of which many people like to sit. It's like a catalyst of magnetic energy, humans are attracted to it. I would ask you to be critical of these small devices because you should know that there is currently a big plan on the planet to manipulate your emotions, to instill beliefs of fears, limitations, lack. Beliefs such as:

is it normal to suffer,  
it is normal to work like madmen,  
it is normal to take 2 weeks of vacation per year,  
it is normal to be sick  
it is normal to pay taxes.

You are ... I will use the expression "manipulated to the bone!" (Laughter ...) You are manipulated by these small devices that are in your homes. I would ask you to be very critical of these boxes. Observe what they want you to believe. What emotions they want you to live? It's like this recession. Is there a recession?

**Group:** No

Exactly! They created this recession. Why do humans keep themselves from doing things? Ah! There is a recession. You want to travel? Ah! No. I'll be careful, there is a recession, I will wait 3 years. Ah! No. I will not do this expense, there is a recession. It forces you to believe in things that are not real. So be careful of these small boxes that have great power over you.

**2009-08-15**

**Denise Laberge**

**Mary's Special Day**

It is the little message that I bring you today with all my love and my tenderness. I hope that you will read between the words and listen between the syllables. On this, we celebrate the greatness of your Heart. We celebrate your Light and we say to the next time!

\*Archangel Michael - 12 Integration of Virtues Links - April 25 2009 Source:  
<http://richjn.blogspot.com/2009/08/archangel-michael-12-integration-of.html>