

Denise Laberge

Preamble

I invite you to take a deep breath. We are surrounded by a circle of white dragons. It is special. I have never felt them before! There is a white dragon behind every person and a certain color is shining from its heart. It is a color that is in perfect harmony with your heart, an energy that your heart needs today to receive the energies of the Full Moon.

I was told to consider the dragons as an Energy of Fire, an Energy of Life, an Energy of amplified Life.

Christ

Year 2016

We salute you. We salute the fire of your Heart. We salute the Fire of Life and my Love in each of you. I am the Living Christ who is taking back the control of this planet, of this dimension, this density. I am the Pure Love coming from the Heart of the Almighty, the Source. You can use the word, the name that you prefer to identify me with. Know that I am the Energy of Pure Love that is coming now to ignite your hearts and assist you in this awakening of who you are, of what you represent on the surface of this planet and in the Great Plan.

I am assisted by the energies of the Dragons of Light who wanted to surround you today to help you because 2016 is an important year in the Great Plan for each of you. Large doors will open about the truth on your cosmic and universal identity. New understandings are growing in you, are being born in you. Understandings that you have prepared for yourself before your first incarnation in density. Understandings of Light, Love, and the expansion of your own consciousness in this human body.

Yes! My Energy of Love is unfolding across the planet now. Be aware that what your ears will hear, what your eyes will see represent only a facet of the Love Energy at work on the surface of this planet. Know that in one second this world can transform itself into Pure Light, Pure Love but it is the creation of humans, the creation of humanity that will unfold in this world. Every human is a creator, a creator in apprenticeship and his evolution, his learning is Sacred and Divine; and never will the Source intervene in the creation of one of his children.

What is happening children of the Earth? Humanity is in the process of creating and becoming conscious. The entire humanity has chosen to embark on the path of Love. It is happening in all the children of the Earth even though many of them are not presently aware of this in their daily life. Life will produce events, situations that will reflect the emotions, the experiences, the living beliefs in the heart of each of our children on earth; and it is part of the Awakening. This is part of the Great Plan of perfection that will be unfolding on this planet.

So, on one hand there is the Almighty Love of the Source, the Love that is being anchored more and more deeply in matter; on the other hand, there is the Plan, Humanity's Creation that will materialize. And all that, these two streams of Light and Energy, will merge in a few months or years and these two Energy currents will form only ONE!

Starting in 2016, you are living the transition from density toward the Loving Light, toward the effervescence, toward the luminous nature of matter, toward the Light and Love. You are really in the most important period for the planet since its birth. You are living in exceptional times!

All humanity is part of the Great Plan and this means that each of you will experience extraordinary events. Yes, you will experience exceptional situations; you will become conscious of the feelings in your own Heart and your own life, as well as the reason why you have incarnated. New perceptions, new ways of looking at yourself, of feeling yourself, are growing inside you. 2016 is a turning point for all of you, for humanity, for the planet and for each Light worker.

Therefore, children of the Earth, Children of the Light and Love, bless this Life, bless who you are, bless all you radiate in this dimension because this radiance is participating in a Great Plan. This radiance participates in the Awakening of humanity to its own Divinity.

Practice accepting, welcoming all that your media show and present to you about the events occurring on this planet. Do not judge! It is the Light in action. It is the Light that permeates every human Heart; and every human being reacts as well as he can. Every human reacts with the emotions that inhabit him, with the emotions he keeps alive inside himself. He is in this particular place in his evolution because of his emotions. All this to allow the anchoring of the New Life on this planet.

Know that the Almighty Love is presently at work. Learn to look beyond appearances. Learn to see Love in action in all things. Learn to view that the One Life is Eternal; that the One Life disposes of the forms It creates as It wishes; that the One Life, being Eternal, never abandons any of Its creations. It transforms them and transmutes energies. It pushes each of its children, of its forms, of its creations toward the ultimate perfection in a constant labor of Love, always with more Love, respect and harmony.

If some of your brothers and sisters have to leave their physical body in the coming months, weeks or years, this is blessed. This is part of the Creation Plan to regenerate from the density toward more Love and Light; and every child on Earth knows it, feels it. Every child of the Earth is thankful for the opportunity that was presented to him of participating in the creation of the New Earth.

It is these words that I place today on the altar of your Hearts so that you can welcome them, meditate on them and make them grow inside you because these words are charged with the Energy of rebirth to yourself. This Energy that allows you to open a large door of Life comprehension that was unknown to humanity until now. It is this new door that together we

open for humanity; with you, with all those who walk on the surface of this planet and who believe in Love and a world of peace.

I Am the Living Christ. I Am the Life Energy materialized in density. I Am All and every one of you. I Am the Life in action in this dimension.

Thank you!

Adama

You are the Heart of Lemuria in Action

I am Adama, your brother from Telos, your brother from the Heart of Lemuria and know, my children, that you carry this Heart within you, you embody it in your lives presently. You live it every second, every minute.

Yes! That is the surprise of the day: you, the Heart of Lemuria into action in this world! I invite you to accept this truth, to welcome the Love vibration of the Heart of Lemuria that you represent, that you radiate among your brothers and sisters.

What prevents you from believing these words? What creates a veil between this Heart that you are and this understanding of the Heart of Lemuria that you radiate, that you live every second? It is your own definition of what you should be, of what you should do, of what you should radiate as a Being carrying this vibration of the Heart of Lemuria.

Well I tell you: the Heart of Lemuria is in each of you and it is expressed now by each of your gestures, words and thoughts. The Heart of Lemuria is a growing Love energy that is here to create peace, attract harmony and compassion.

And what are you doing right now in your life, at this point in your evolution and your awakening? Aren't you working every day, every second to be more aware, to be more Love, to understand, to feel and live Love? Aren't you working to awaken to a dimension greater than what you believe it to be right now? Each of you? Where do you get that momentum? Where do you get the inspiration? Where do you get this goal you set for yourself to become more Love, to feel more Love, to vibrate Love? Where do you get the inspiration?

I tell you, it is from the Heart of Lemuria that is in you. It is the Love of Lemuria that is in you and that keeps growing every day more and more. It was there at your birth in this body. It was awaiting to support you, guide you, encourage you and you have never forgotten this Love. This is why you are here in this moment, reunited in this place, reunited around the internet in your respective homes. This Heart of Lemuria is alive in you. So what can you do to feel it more, to feel it growing in you? Simply welcome this truth, welcome that you really are the Heart of Lemuria in action now in this body by who you are, by all that you are!

Today, dear children, I ask you to welcome yourself with unconditional Love, an infinite Love, a Love to whom and to which nothing resists, a true Love. I invite you to breathe deeply and to welcome yourself as you are now. Because you see, the minute you welcome deeply this truth in you, you open a large door to the Life of Light and Love. You allow Love to walk toward you, to find you, to teach you, to guide you toward understandings of yourself that you never suspected.

I have spoken these words before, at other times, other places. You know these words. You have heard and read these words. Today I ask you to live them. Today I ask you to make a commitment to yourself and to live this Unconditional Love for yourself, to live Life as if it was a fairy tale, an endless magic, because this is what the Real Life is.

The Heart of Lemuria is a Heart that is connected to the Universe, that is connected to the Supreme Intelligence of the Source. The Heart of Lemuria is Life itself, materialized in this dimension. The Heart of Lemuria is the Energy of Creation that oversaw the creation of the human race in this dimension. The human race is an experiment of the Great Life to unfold its Love in a living form, a form that represents It, a form that allows It to expand and create Love, beauty and harmony in the density. You are the materialization of the Energy of the Heart of Lemuria, the Energy that oversaw the Creation of the human race. How could you be disconnected from the Heart of Lemuria while you are its creation, its children, its realization?

So, 2016 is a pivotal year for every human on Earth. It will allow the children of the Light to welcome the Infinite Love of their heart. It will allow the human race to open up to the vibration of its own heart. From this year forward, the human will start to feel his own heart, feel the vibration of his own life experience, feel his intuition and what guides him from the inside.

The human being cannot go back. He will have to face himself. His feelings will become so powerful that he will no longer be able to deny them, hide them or ignore them. So, is this good news? That is very good news. Why? Because this heart is intelligent. This heart knows, this heart will help you create the New Earth, create a planet based on a paradigm of Love, a paradigm that respects the Heart first, that respects Life.

From this year forward, humanity will increasingly feel its close relationship with Life. For the first time since his creation, the human will open to a great truth: that he is part of a whole. He is not separated from the kingdom of the animals, the plants, the water, the air, the crystals. He is part of a Perfect All, this All that was designed by Life, by the Source, by Love and he was created to manifest Love in matter. So celebrate this great step taken by humanity, chosen by humanity, chosen by each of you.

In this moment, you breathe and you are connected to the Heart inside you. I ask you to turn your attention to this Heart in you, to see it, to feel it as a sun, and at the same time, as a nest. A nest that can accept new perspectives of yourself, openings toward yourself, toward Life, toward your definition of the word "*Love*", toward your definition of the word "*Life*", "*planet*", "*crystal*". All the definitions that you have accepted since you were born in this incarnation on this Earth.

See the sun as a nest of Love that can open you to new avenues, new insights, new visions of yourself and what you think you know of Life. See the sun as the Supreme Intelligence of the

Source within you who knows everything, who knows each one of you and guides you toward your perfection.

I would like you to carry this image inside you, to feel it growing in you; and to connect every day with the Heart, the sun that opens the doors of your understanding. A sun that opens the doors of understanding to every cell of your visible and invisible bodies. A regenerating sun, a magic sun that allows you to reconnect to Life, to the Consciousness One and allows you to reconnect to the manifestation of Life in all forms, in all the multi dimensions.

You are now a living Heart which reconnects every second, every minute to all Creation, to the Intelligence and the Divine Wisdom of the Great All. You are in a mission of Love. You radiate new energies that will inspire all those you will meet, who are part of your families, your friends and your work environment. You are now a regenerator of beliefs and Love. You manifest True Life in this density, in all aspects of life and it is found in every form. You carry the Heart of Lemuria. You carry the Energy that oversaw the Creation of the human race so that humans become Beings of Love, to create a form spreading, radiating Love, creating beauty, harmony, compassion, spreading peace, happiness all around each of you. I invite you, my dear children, to carry this truth in you, to carry this mission.

Today is the full Moon. Invite the energies of this super powerful Moon to support the opening of your Heart, to support the light of your inner sun so that the millions of doors, that are around you and waiting to be opened, can be opened quickly with grace and ease. There are millions of doors to help you see Life as it really is, the true Life, the Life of the Source, the Life of Love. The one that creates happiness, peace, harmony, beauty, compassion, grace, patience. The one that creates eternity.

Well! Admire this Heart, this vibration, the Heart of Lemuria that is in you. If the Heart of Lemuria has supported, supervised the Creation of the human race, was there any intelligence in this energy? Was there beauty?

Well, another truth that I will reveal to you today: The Heart of Lemuria is the Supreme Intelligence of the entire Creation wrapped in the purest Love. The Heart of Lemuria that you carry, that is living in you is a Creator. So why couldn't you use it to create a new Life for yourself and new emotions for yourself; to create the healing of your emotions for yourself? Couldn't you use this Energy to create a Life of happiness, peace, joy for yourself; to transform each of your beliefs whether they are conscious or unconscious? Use this Heart of Lemuria, this Almighty Creator to become the Creator of your own Life? This power is alive and active in each of you, but you have never used it consciously.

Today, I invite you to embrace that power, to walk toward it. I invite you to experience the Creation supervised by the Heart of Lemuria in you, by the Love of the Almighty Source in you. Associate yourself with this Energy. Ask to be guided. Ask with all the Love of Your Heart to be guided in creating your own Life. The one you imagined. The one that the great Life has imagined for each of you.

The White Dragons surrounding you are here to assist the fire of this Heart, the fire of Creation, your creation. May these creations be bathed, wrapped with the Pure Love of who you are! May these creations spread joy around you, spread harmony, beauty, perfection!

I spoke on behalf of Life, which is in you, in me, which is in everything in this dimension and in all of creation. I am your brother forever.

Thank you!

The moon

Be a Creator of Peace

I pour my soft rays of light on each of you. I am the Moon, this star that shines its light in your sky today with a very special intensity.

Yes! I linked my heart to the Heart of Lemuria. I linked my Heart to the Love, the Love of the human children who carry it in their heart. Today I amplify the rays of Love. I amplify the sun of Love of the Children of the Earth, the children of the human.

While you are gathered now, I invite you to imagine the children of man, humanity at the center of your circle. Imagine all your brothers and sisters, the cells of humanity at the center of this circle. Imagine their radiating hearts, their hearts radiating Love in the heart of every child of the Earth.

Well, I, the Moon, now send a ray of Love to each of these hearts and I invite you to do the same. Visualize a ray of Love starting from your heart and sending it to the heart of every human being of this humanity, the children of the Earth. I, the Moon, your sister, envelop them in an energy of acceptance, an energy of peace, an energy of patience. And you, children of man, water them and wrap them with the Love of your heart. My sisters the Stars are also forming a circle around you and are sending the gentle rays from their heart to the children of man.

I, the Moon, you, the humans and my sisters the Stars, are forming a perfect triangle. We place our Love in the heart of every human being, a Love of peace and eternity, a Love that calls for Love Consciousness, hope and peace. Now, I ask you to visualize that humanity feeling the peace, feeling enveloped by the Great Peace.

Know, dear children, that each human is deeply loved by all Creation and that all Creation wants peace for mankind, for Life manifested in this dimension. Know that when you imagine that you wrap mankind in the Great Peace, you create, you use your gift of creation to create peace in this dimension, on the surface of the Earth.

Is it difficult to create? I ask you: is it hard to imagine peace in the heart of this humanity? Is it hard to imagine and to feel humanity cradled by the Great Peace? So, for 2016, I invite you to carry this humanity, to surround it in the great peace, to create this peace, to believe in it. Because

me, the Moon, I believe it, I know it, and I support your effort. We, the Stars of the sky, support your efforts. You are not alone in wanting peace for humanity.

So, starting today, with each step, you anchor the Great Peace for this humanity. You anchor firmly the belief that you create peace, you live it, you spread it, you integrate it into your lives. This becomes a reality for you. This becomes a goal. This becomes your creation.

I came to you today with these simple words, these words of Love, to show you how easy it is to create. It is easy for the one who believes, who doesn't doubt, who feels integrated to Life, associated with the great movement of Life, who feels in action in the Great Life, by the Great Life, who feels that he creates.

You see, children of the Earth, the more you will feel and live that you create the Great Peace, the quicker it will materialize in your experience. First around you, in your families, in your workplace, and then on the entire planet. You become the trigger for a new movement, an irresistible movement, an invincible Love sowing peace because you believe it; because it is this signature, this vibration, this frequency that you carry and radiate among your brothers and sisters of the Earth.

So you, the Creators of the New Earth, will you at last take yourself seriously? Will you decide to realize the importance of your own creations, your thoughts, your goals, the action plan that you set for yourself, and for this humanity?

I invite you to ponder these words. I invite you to engage yourself on the path of the Creator that you are, to create a New Earth, a new Life for each of you. I invite you to impart energies, different frequencies; frequencies that attract peace, that attract beauty and perfection because that is what you are. The more you will accept this truth, the more it will become alive and active, the more it will transform the collective unconscious, the more it will transform the entire planet. You! Yes! Each of you, participate in changing this world by your thoughts, by your work and your persistence.

I am the Moon, your sister, enveloping you in her Love, her Peace, her Light; enveloping every human in her Love, her Light, her Peace.

Thank you!

Translated by Janine Leclerc