

## **Mother Earth**

### ***Your body is a Love connection***

I come today to touch your heart. I come today to touch this life in you, my life in you. I'm the one you call Mother Earth. I am given many names in this dimension, on these continents, in this density of my body scattered in all directions to form this Light sphere, this densified Love sphere.

Well, today I invite you to recognize me in you, to recognize the Life in you, to recognize this Sacred connection with my Being and your Being. Know that this body that you manipulate, that you move and that you use belongs to the planetary Consciousness - as you say it - to the Consciousness of this sphere, of this dimension. You are a living cell connected to all living cells in this dimension, in this sphere of action called Planet Earth.

I invite you to open yourselves to something greater than what you believe to be. Even though you are not conscious of it, you are a great mystery that ignores itself, children of the Earth, children of my Love, children of the Great Life

Yes, you are a great mystery to your own eyes, for this body that you use is conscious, intelligent. You can use it to feel the Great Life frequency: it is fully equipped; this physical body is luminous despite what your eyes perceive. Much Light is anchored in the cells of this physical body that you use, but this Light, you do not perceive it because you do not believe it deeply enough.

You are too focused on the outside of yourselves, the outside of this physical body, whereas I see this physical body as part of me. You literally represent a cell of my consciousness: we are linked.

Then why these words today? Why do I choose to address each of you with these words today? Because the connection that you have with my Heart is very important: it is I, in the physical, that supports the physical life of that physical body that you use in the physical. Is that physical enough? (...laugh). What is physical belongs to the physical. What is physical needs the physical.

But, above all, this physical body needs your recognition. It needs you to recognize it as important, sacred and divine. You use this body every day, every second, every minute; but, do you take the time to love it, to appreciate it? Do you take the time to thank it? Do you take the time to feel it and send it your love? Do you take the time to consider this tool that you use every day as important? Is this body really important to you? Do you take good care of it? Do you take the time to give it the rest it deserves, to which it is entitled? Do you take the time to ask it if it needs liquid; if it is thirsty? Do you take the time to feel it: to feel its well-being or its discomfort; to feel if it needs heat or to be refreshed? Are you aware of what this body is going through, what it feels, what you are putting it through? Are you conscious of the care you bring to this temple,

to this wonderful tool? Do you take enough time to take care of it, to check if it needs rest, if it needs activities, to move?

I pronounce all these words today because they describe an attention that my children often do not give to this body, to this tool that they use. A delicate attention, an attention of Love for this body that is completely at your service, twenty-four hours a day, seven days a week, from the beginning to the end of this experience in this dimension; this physical body that grows, that struggles, that does everything possible to be in perfect shape for you every morning. This physical body makes all these efforts to give you as much well-being as possible, every day of your life. It is doing more than its possible, it gives its life for you!

Well, these words, I invite you to meditate on them. For, I have offered you this physical body with all my Love, my Love of Eternal Sacred Divine Consciousness: this Love that I Am; this Love to which I belong, this Love that is the Great Life in action in this dimension. I, the Great Life manifested in this dimension, have offered these bodies to you, I have prepared them in the laboratories of my Love to offer them to you so that you may experience in this dimension.

So, today, I would like you to become aware of this important link that you should have with this physical body; a link of Love and respect. A link that rests this body when it is tired; that makes this body do activity when it needs to move. A link of new, renewed Love that I invite each of you to live, a link of respect, a link recognizing that this wonderful tool you use is sacred, that it is my own Life that I have densified so that you can use it and experience in this dimension.

Well, I tell you today: the Sacred Connection that I maintain with each of these bodies that you use is Almighty, and the more you will recognize this sacred link between my Heart, I the Almighty Consciousness materialized in the form of this Planet. When you will have realized that this link is Almighty and that it supports the life of this body that you use, you will realize this anchorage. The more you will anchor and connect this physical body to my Love Heart Fire, the more this body will increase its energy, will increase its vibratory frequency and the more it will allow you to reconnect to the frequencies of the Great Life: the frequencies of Fire, of Light, the frequencies that belong to multidimensionality. Everything starts from this body!

You use this body in this dimension. It is from this body that you will feel your connection to the Universe. For this body has been created, densified to experience and feel the connection to the Almighty Life Power from an object manifested and created by Love.

Therefore, one of the goals of incarnation in this sphere of activity in this Universe is to be able to create a form, use it and feel from within this created form its connection to the Creation that created it, to the Intelligence, to the Creation Energy that created it, that manifested it. It is a great adventure. It is an unforgettable, unfathomable, infinite adventure. I baffle to find the proper qualifiers in this very limited language.

Well, then! Yes, this Love connection with my Heart is important. I invite you to develop an infinite, unconditional and sacred Love connection with this physical body that you use. For the greater your Love will be, the greater your connection with this body will be and the more you will reactivate the Light energy that will allow it to feel its link with the Great Life. For it is

Love, the Love frequency that opens all the doors and will allow this physical body that you use to open expansively to its reconnection with the Great Life, from itself, that tool that you use.

Yes, today I invite you to consider that the New Earth begins with this vision of your physical body you use. The New Earth begins from this physical body. You create the New Earth by having and creating a new link with this physical body, recognizing it as a Sacred Temple: a Light cathedral, a condensation of the Great Life One Energy into a human physical form.

Well, these are the words I wanted to address to you today, to allow you to take another step towards discovering yourselves, another step towards the Great One Life that you have come to explore and live in this dimension.

Thank you!