



Saint Germain

Blessings my children, how are you tonight? I am St-Germain. What a small group we have tonight, but what a precious group indeed! I embrace each one of you in my aura of love. I welcome you to your house, the house of your heart. While you are sitting here in this local, know that there is a special meeting at Telos with your Higher Selves. You have been invited to this meeting to receive a special grace today.

Each human being living on this planet, at this present time, is also invited to this room that has been prepared by the Planetary Hierarchy. It has been decided to ask everyone on this planet: “What is your choice for this lifetime? Do you choose to express the Love or to remain in the vibration that you are going through now, without trying to become this Love that you really are?” If they are willing to try to express their love in the coming years on this planet, if they accept this challenge with their faith, with their hope inside their heart; they will be granted special help because we see now that human beings won't get anywhere without our assistance.

We, from the higher dimensions, are observing that the human being is lost in fear, lost in thoughts, in beliefs. Human beings do not believe anymore that love is the way to live, to express themselves. They have lost all hope. They look around and they do not trust anybody, they do not trust life, they do not trust themselves. They don't want to hear this voice anymore that is singing in their heart: Freedom, Love, Light. They don't trust it. They have lost their faith. So, those who will be willing to accept the love that is shining in their heart will receive special help.

The Flame that is burning, that is shining in the heart of each human being, that makes them remember who they are really – this flame is so tiny, so feeble, that we need to boost it, we really need to help each one of our children who is walking in this dimension. – The shadow has made a very good job in making them believe that they are nothing, that they will soon die one way or the other, and once dead, it is over. Yet, this is not the reality at all. Everyone has to accept the challenge, accept that there's hope on the horizon, that they can improve their lives, that they can create something magical with what they are going through, with their own situation at work, in their home. All of that is possible, but first, hope must be there. Hope must anchor itself in the heart of each human being. So there is a special grace that has been given to this humanity. This is very recent. It has only been decided two weeks ago to grant this special help.

Since you are here with me in this special place, surrounded by the energies of Love and Light, I would like you to center in your heart. Gently descend the crystal stairs and slowly open the door of your heart. Softly, enter into your Cathedral of light to meet with this Being that you are. This is where your Higher Self is waiting for you. He knows you so well. You are his child. You are his living breath expressed in this dimension. You are using the temple that he has prepared for you to live this adventure, to feel who you are, to discover and remember who you are in this dimension, in this special lifetime.

In this lifetime, all human beings will have to face who they really are. They will not be able to deny who they are anymore. All the circumstances, all the situations that you are going through this very lifetime, every choice that you make, every decision that you take, will bring you nearer your heart because, at one point, you will not be able to choose ten different things at the same time. You will not be able to choose to help ten people at the

same time. You will be obliged to recognize that the only person you can really help in this lifetime is yourself. Only yourself! Nobody else!

One of the main reasons why it's going so bad in your dimension is that almost nobody is at his own place. Everybody is making decisions to please everyone around them: their loved ones, their family, society, company rules... Every human being has to learn to be at his own place, to know himself, to know what makes him happy, what is his dream. All that you're going through now, every choice that you will have to make will surely push you in your own little corner to meet yourself because you are the beginning and you are the end. You know that indeed, but at what level? What is the most important point for each one in the room tonight? It's you. You are the starting point of your life. And the planet is bringing you at the place where you will have to manifest who you really are.

The Native people have understood for many years that Planet Earth is a living, conscious, intelligent Being and that they can communicate with her. They can work with her, share with her and they know that Planet Earth always protects her children. This is one of the truths, one of the realities, one of the facts of life that each human being will have to accept and live by in the following years because Mother Earth is preparing herself to a new lifestyle. She is now cleansing her body. That is why there are typhoons, hurricanes and tsunamis. She is preparing to increment her vibrational level and each child of Mother Earth will have to match his own vibration with hers. This means that everything that is hidden in your heart will come to the surface. All the emotions that you don't want to feel, all these memories that you want to forget will pop up in your consciousness so that you can recognize them, accept them and embrace them. They are low levels of vibration and they require some healing from you. What the Life is asking each one of you now is to follow your Mother in her increase of vibrational level. Otherwise, your body will not be able to synchronize with the Planet and all these bodies will have to go somewhere else. They will not be able to sustain the vibration level of the planet.

Presently you are using these bodies that you can touch, that feel dense and you say: "this is really solid". Yet, if you were able to increment your vibrational level by a factor of 20 percent, just by concentrating your mind on your body and boosting the level of the cells, of your atoms you would be able to pass your hand through your body and it would still be your own body. It would not hurt. By incrementing the level of your vibration, you would be able to match the space between the cells and the atoms. This means that you are really condensed light, nothing else. I speak through Denise now, you hear the words, but I am speaking from a dimension where I just see Light. I could lower my vibration and appear in front of you. Do you understand that? And this is not magic, it is just physics. It is just knowledge of how to play with the vibrational level.

Human beings, as they are now, have a wall of beliefs around themselves. This wall is so thick that you feel that you're alone. By incrementing your vibrational level, this wall will disappear, and all of a sudden, you will be able to feel the universe like the drop of water in the ocean. -The ocean is made of drops of water. Each drop of water represents one human being in the Creation. The Creation being all humans, all the consciousness that exist. The drop of water is conscious of itself but if it could go beyond the belief that it is just a drop of water and realize that it is part of the ocean.- You will realize that Nothing has ever separated you from the ocean. All along, you were part of the ocean but you never realized it because you were centered on yourself, you were turning your vision inside you, ignoring everything around you.

What will happen in the next few years on this nice Planet will force the human being to open his eyes. The vibrational level will become so high, it will push on your bodies. It will push on your atoms so that all these veils of beliefs will drop. They will disintegrate. You will wake up and say: "What a nice day today. I want to be happy and I don't believe what others tell me. I don't want to continue anymore in the same fashion." Everybody around you will say the same thing because they will all have received the same level of Light, the same level of Love. It will be a new day on this planet.

You are living a special era, the best era that this planet has known since its creation.

There are many precious lessons and experiences ahead of each one of you. I know, I see. And I'm very happy for each one of you because at the end of this path there is a glorious One, shining, smiling, proud, and that is important to remember. You have prepared yourself during many thousands of lives. Do you know that just developing patience could take up to 100 lifetimes? Each quality is very intricately merged with the word "love". Each quality that you know is always a percentage of love. We could say "13 love" which is an example for patience or this is "200 love" which is a compassionate heart or "-10 love" which could be hatred. Every quality could be qualified by a level of vibration linked to the word "love" because in fact there is nothing else in the whole universe.

Each one of you have prepared yourself for many lifetimes to live this very life. In all of your past lives, you have accumulated qualities, knowledge. With the incrementing vibration on this planet, all of these memories will pop up and you will reconnect with some knowledge. Take a picture of yourself now: your beliefs, how you see life, how you see yourself, how you see humanity. In three years from now, ask the same questions and you will see everything in a totally different way.

The advice that I share with you tonight is that you must practice to surrender in all situations and trust in life. With these two qualities, you will always be at the right place, at the right time and you will not suffer. You have to understand that you will be divinely guided by your intuition. Your intuition being your Higher Self, this eternal being that is part of All That Is, this Eternal Being that is a particle of the Creator, the Source of everything that exists in all dimensions, in all universes. Your intuition is the link to the whole universe. Your intuition knows everything, it knows the when, the how and the what. This intuition is so precious, so sacred, so perfect. You have to become its best friend. So let's celebrate this new life! Put these words in your heart!

You are blessed among everybody. Do you know that there are over 90 billion people that would like to be on this planet now, and you're just seven. We had to refuse many! All the people who are living on this planet now, will carry in their hearts a special rainbow of colors that cannot be acquired anywhere else in the whole universe, in all the galaxies or super-universes. Only the ones who are going through this lifetime will develop a special feeling of what life is really about. Going from the 3rd dimension to the 5th dimension is a special adventure. It's like being blind and waking up in the next morning being fully able to see with your eyes. No, this is too small still. It's like being blind and then being able to see with you naked eyes the planet earth until the stars, the sun and all the planets of your solar system. Do you understand the scale of the difference in the ability you have now and that you will have in a few years from now? It is as special day for you to realize who you are and to appreciate the privilege you have to live in this lifetime.

We are really preparing the human being to remember who he is. Presently, he is working with two strands of DNA and soon he will be working with twelve. From 2 to 12 is a big step. I know it is hard to believe for some of you but it's not important. I'm not asking you to believe anything that you hear tonight. The first lesson each human being has to understand is to use his own intuition, to decide for himself what is good and what is less good because in the end everything is experience. Nothing else!

There's never any error. The word "error" only exists on planet earth. It does not exist anywhere else. In all the universes, it is simply called an experience, it is called: testing your abilities, testing your perfection. Never an error. The word error has been used to manipulate, to remove self esteem, to give an excuse to control. When someone makes errors, you have to correct them, haven't you? You have to use all sorts of tools like judgment, criticism, comparison... all these words that exist to lower your ability to believe that you can do everything in your life.

Human beings are so great. They are important in this whole plan for the Planet Earth. I just wish that you keep in your heart that you are a special being, that you are a special person and that you are known. This Planet that you walk on each day knows you, knows your name. She knows everything about you. And if you want to communicate with her, just take a few minutes in the morning and ask this Planet to bring you balance, harmony, to give you her protection, her understanding of life. You'll see that your vision of life will change, slowly but surely; because if you ask her, it means that you open your heart to: "maybe, what if that was true? I'm going to try it, just to see." When you have experienced something then you can decide at the end of the path whether it was good or not as good as you thought and you can choose to change your path. But until you try it, you cannot say if this is right or not for you.

So I invite you to try to open doors which you have never tried before. I invite you to test your ability and your flexibility in front of these beliefs that I am presenting to you tonight. After a couple of months, you will analyze what is going on inside you. Does it make you a better human being or a sadder human being? Everything can be measured by the joy in your heart. It is a good indicator. If something brings you joy, most definitely, it's a good thing for you. So I invite each one of you to open your arms, open your mind and open your heart to what the life will send you in the next coming years, weeks, days and hours because everything is being accelerated. Each 3 days, something new will pop out onto this planet. Each 3 days, the vibration is changing. We are pushing, pushing, and pushing the light to really free the human being.

With all of that, I bring you the blessings of the Planet, the blessing of this Life, the blessing of the ocean, the air, the trees, the flowers because everything is altogether one consciousness. All of nature is one consciousness. When the tree is growing on this planet, it is aware of the wind, the rain, the sun, the clouds. It glorifies the life all day long because the tree appreciates to be alive, to experience what it is to be alive in this dimension. It does not talk too loud, have you noticed? But it is there.

You know that you could talk to a tree? Well, don't think it will answer you very loudly. No, it will answer you in your heart. It will use your intuition to talk to you. So I invite you to try it because when your intention is going towards the tree, it knows that you want to communicate with it. As soon as you do this, its aura embraces you and you are one with the tree. You just have to listen to your intuition, the tree will synchronize itself to the level of intuition that you have. It will synchronize its energy, it will reach you through the dimensions, using your brain or your thinking process to answer to you, do you know that? This is how the Native people were talking to the trees, to the animals, to the planet, to the clouds. They knew that the consciousness would use their intuition, their imagination to answer. So I invite you to try it. It's a new game.

There is so much to discover about this lifetime, about this planet, the consciousness, the energies, the life. So I wish that you will open a new door in yourself today, the door of admiring who you are, of admiring and appreciating this very precious lifetime on this planet now.

Remember! In three years from now, try to evaluate how you see life, how you see yourself, how you consider the path you are walking on. The steps that you will have made will be great, that is guaranteed.

I wish you a great evening. I wish you to appreciate this lifetime you are going through. And I wish you to open your heart to receive all the blessings from Mother Earth, from the Great Central Sun, from all that is being and existing in this universe. Blessings, children of life!