

## **Denise Laberge**

### *Preparation*

I invite the Archangels Michael, Gabriel, Raphael and Uriel to position themselves around us to keep us in the Energies of Light, Love and Peace throughout this encounter with the Holy Light.

We invite our brothers and sisters of Telos, the High Council of Telos, Adama, Ahnahmar, Aurelia, Sananda, Saint Germain, the Masters of the Seven Sacred Flames.

We also invite our I AM Presence, our Inner Divinity to open our Heart in quite a special way to receive the Love Energies, the Eternal Light energies that are poured on us since the beginning of our encounter.

We invite all our brothers and sisters the Elementals, the Beings of Nature who work tirelessly to create beauty on this planet, to create the fruits, the vegetables, all the food for the humans and all the kingdoms.

We also invite a representative from each kingdom: the animals, the crystals, the plants, the marine world, the world of birds, and the plants.

We invite our brothers and sisters of the Inner Earth, the Light Cities of the Inner Earth.

We invite our brothers and sisters from the Stars, our brothers and sisters from the Light dimensions that want to come and share with us their Love, their Peace, their Joy.

We also invite all our guides, all the Angels, all the Archangels and the Planetary Hierarchy that oversee the evolution of the Planet. We ask the Father Mother God the Creator, the Divine Mother to bless our hearts, to bless the Life in us, the Life on this planet. We ask the Heart of Mother Earth to grow in us, to grow in the Heart of each of her children in this dimension so that they we might know peace, love, beauty, harmony, sharing.

## **Mary**

### *A Creator is conscious*

Here I am, among you, children of the Light. I accompany you since the beginning of this day. I have walked with each of you today. I have followed you in your every step, every word. I have observed you. I have accompanied you. I am Mary. I am the one who guides you on this path of Light, this learning path, this path of discovery.

Yes! Observe! Observe the energies that are around you, children of the Earth. These energies are coming from left, right, front and behind. They are coming from everywhere and they permeate

into your inner world. Are you aware of these energies that you accept within you? These frequencies, these vibrations that are surrounding you and to which you provide a warm nest inside of you?

I, your sister, tell you: you are surrounded by a sea, an ocean of energies of all frequencies, of various frequencies. It is now up to each of you to close the door to some frequencies and to keep it open on some other frequencies that bring you joy and peace. It is your responsibility to decide which energies, which frequencies you let live within you, in your heart, your emotions, your thoughts, your words, your gestures, in what you live every second, every minute of every day.

And why is it that way? Because -I do not know if you realize it- in recent weeks, in recent months some of you have been walking on a new path. A pathway different from any other you have walked on in other lives and in this life. *You walk on the path of your own creation* and here I am choosing my words very well: *the path of your own creation*. What does that mean? It means that what you attract to you is in perfect harmony with what you maintain in your Heart, with this energy frequency that you carry within you. And what are you carrying inside you, my dear children? The sum of all that you are; of all the experiences that you have lived in this life, in other lives, in this dimension and beyond. You represent a single frequency which forms a whole. This frequency is open to several doors and has many facets. Some are open to frequencies that bring sadness and doubt, while other doors in your Heart, other facets are open to the frequency of joy, of hope.

Well! This path on which you are now walking is filled with energy. These energies obey, are at your service, are the creative agents of what you carry, of the frequency you radiate in this dimension. These servants, walking toward you, are attracted by your frequency and they will borrow the facets, the doors that match the frequency for which they were created. They are attracted by you.

Know that each of these servants is divine, sacred and perfect. It is an energy, a consciousness that is alive, that is part of the Great Life, for without you knowing it, you are swimming in a sea of multi-dimensional Life. The facets that you carry in your Heart give orders to all these frequencies in which you bathe in the multi dimensions.

As you walk on the street, in your home, know that you are working in several dimensions. Your Heart and your chakras are doors that attract to you events, frequencies according to their vibrations. This new path on which you walk attracts the servants of these forces, these frequencies at high speed and they put your own creations right in front of your nose. Every day brings these servants before you with a creation that you attract, which is in perfect harmony with your Heart.

So what should you do? First, rejoice in the *power* you have, that you carry; and rejoice in the *strength* you represent in this life. Rejoice in the *Life* that is in you, in the *wisdom* and *perfection* within you. And why do I choose these words? Simply because by placing your attention on words such as the *perfection that I Am*, the *power that I Am*, the *wisdom that I Am*, you materialize it. You change the polarity and you transform these doors, these facets. You heard right! You change the polarity of the frequency emitted by all the facets of your Being by

choosing the words, the consciousness, the energy on which you place your attention, you carry your thoughts, your feelings! So by changing the polarity, you change the frequency. You send different commands to the Universe that can only obey you immediately.

The power within you is amazing. I say these words so that you can, at last, feel within you the Infinite Power of the Unconditional Love of God, the Source of Life. Use the word that pleases you, that makes your Heart sing! All this *power* is in you, at your service. You can use it to transform yourself and transform those emotions that make you suffer, these doubts you have been carrying for too long, for too many lives; transform everything that makes your Life miserable!

I tell you: The Power of the Source, the Power of the Great Life is in you! Use it! It is at your service. Do not be afraid to order! Order your doubts to leave and do not be afraid to tell them so. Thank them for their service and ask them to return home to the love of the Almighty Source, for they have served you well and now you no longer need them.

Instead, center your attention, your emotions, your feelings on the beauty of life, the Infinite Life, the magic of Life because I tell you: the Magic of Life is around you now. It surrounds you perfectly. It approaches you. It is only waiting for your invitation to slip into your life and transform it. It is waiting for your welcome, your trust in It to come and nestle inside your Heart and transform your vision of yourself and of the entire Life! The Magic, the Life Power is around you now, very close. It surrounds you. It takes you in Its arms and today I tell you: *Trust It!* Invite It with Love in your Life! Invite It with gratitude! Invite It to teach you to live a joyful happy Life in total trust.

These words are so important! These words ring the frequency of the 5<sup>th</sup> dimension. A frequency that trusts, which is connected to the Great All. A frequency that is One with the Great Life. A Unity Consciousness where you feel connected to the Great All, where you no longer feel separated from the abundance, the peace, the beauty, the joy; separated from everything.

I walked around you today. I encouraged you. I watched you and I ask you a question: "*Dear child of the Infinite Source, wonderful and unique treasure that shines in all of creation, what quality defines you more than anything?*" I ask you to take some time for yourself, in the days that are coming, and identify a quality that defines you right now, you, as you are, the Consciousness that you are. What is the quality that defines you? Which is in harmony with your Heart, with your cosmic signature?

And once you have identified such quality, I ask you, for the next two weeks, to observe this quality into action in your life every day. I ask you to look, observe how you live the days with the situations that present themselves to you. Observe how this quality is evident in every situation because this quality defines you. Therefore, this quality should manifest through your actions, your thoughts, your emotions, and this, each day as it is part of you.

And why do I ask this question? Very simple! A Creator must first know himself! Know his strengths. Know what lives inside him. A Creator is conscious of the power that inhabits him. He is conscious of the Life Force within himself, of the energies he carries and emanates.

It is an honor for me, Mary, to invite you today to climb the first step of your role as a Creator. The first step of the stairway that leads you to yourself, that helps you understand who you are, what you carry, what you radiate, what you create every second, every minute. For you see, these qualities that define you represent a frequency, a radiation. This frequency, this radiation you seed it, you spread it on everything that emanates from you wherever you go, wherever you walk. You emanate this frequency wherever you put your attention on and it overlays what is there.

A Creator is conscious of what he does, what he creates, what he manifests. So welcome to the Creators' room, to the classroom of the Creators. Do not forget the Life Force that is within you and approaches you to embrace you and show you how it can take care of you and how much it knows you. How much it can bring you, how much it can help you create all your dreams because it is It who dreams through you.

I am Mary. Thank you for joining me tonight for this short message, this short discussion. Thank you for this wonderful work, for yourself and for the planet.

**Translated by Janine Leclerc**