

## St-Germain

### *Blessing of the Elixir*

Greetings to each of you. I'm the one you call St-Germain. It is an honour for me to be with you today in this place, near your heart, near this heart you are forming at this time. I invite you to focus your attention on this heart within you, this sun vibrating with Love, this sun of Life, this sun of Consciousness.

You are increasingly being asked to recognize that you are the Consciousness One in action. Do you recognize it children of the Earth, do you recognize it? And I would be tempted to ask: do you want to recognize it? Do you really want to learn to recognize it?

We are gathered here by the thousands, thousands of the Violet Flame, of the Sacred Flames of Love all around you. We have come here by the thousands from the Universes of your origins. Several Universes are represented here: each of you and us in the dimensions of Light. I ask you the question: *"Do you want to work at recognizing the Light, the Consciousness One that you are?"* (We hear "yes".)

St-Germain answers: "Finally a yes." (The audience laughs.)

St-Germain: So I ask the question again: *"Do you want to learn to recognize who you are for all eternity?"*

(We hear a very determined "yes".)

St-Germain: "It is better!" So, we will make a gesture, a ritual, an act in the physical to engrave in you this "yes". You hold in your hand a glass filled with a golden liquid, gold is the Light of Christ. Not the Christ taught by the Catholic Church, but the Christ Energy Consciousness who has become denser to create the matter: this Christ.

So you, children of Christ who inhabit a physical body, I ask you to dip one of your fingers in this liquid of Love and, then, put this finger on your 3<sup>rd</sup> Eye. Go ahead, all together, don't be afraid, you will survive. Soak one of your fingers in this liquid, in your glasses and put this finger on your 3<sup>rd</sup> Eye:

*"I, the Living Life, the Consciousness One in incarnation in this body, I bless the Great Life, I bless myself using this physical body for eternity. I bless my perfect expression in this physical body, for I recognize it now and for all eternity. At last! My True Life begins in this physical body and I choose it. Thank you! Thank you! Thank you! And so it is! And so it is! And so it is!"*

I invite you to do this gesture often, in consciousness, children of the Earth, to reprogram your memories, to reprogram what belongs to the density of the 3<sup>rd</sup> dimension and repolarize it

towards the energies of the 5<sup>th</sup> dimension, that is, the energies of the Great Life, of the Consciousness One in action in all dimensions.

This is the first time we have done this ritual that we do in Sacred Retreats. Yes, it is a sacred gesture: Life that recognizes Life! The Sacred that recognizes the Sacred in the matter!

Then I, St. Germain, accompanied by this heart that you form, I ask the Source, the Almighty, to bless this elixir of Life, this living elixir, to charge it with the wisdom, the will, the Love, the Light of the Great Consciousness One so that it may bless this Life in you. This Great Life that is expressed through you. And so it is! And so it is! And so it is!

I invite you to drink this liquid in silence now.

Thank you!