

Mary

Resurrection of the Eternal Light in you

Good evening everyone, I'm Mary. It is an honor for me to be here tonight. I have covered you with my coat of Light. Take a moment to breathe deeply and feel these energies of Resurrection, of Eternity, of Light.

I, Mary mother of Jesus who lived on this planet, had mastered the art of the Resurrection of my body in that period. Today, in this summer solstice day in this hemisphere of the planet, I would like to bring additional light into each of you. If you wish, we will do an exercise of Resurrection of the Eternal Light in you because you are Light. You are Eternal Light. This is a truth that I want you to imprint in your hearts.

Observe the flow of your breath: after each inhalation there is an expiration. After each expiration, there is another inhalation. It is an endless motion like that of the waves touching the beach. It is a cycle of eternity that you could visualize as a circle.

I ask you now to enter very gently into your Sacred Cathedral of Light in your heart. We have placed a circle of light on your central altar. Observe that circle of light and for those whose inner vision is not yet awakened, pretend you see it. Imagine your circle of light on the central altar in your Cathedral of Light! Imagine like a child does. Approach this altar and watch the movement in this circle. It is a continuous motion. It is light that moves without beginning nor ending in a constant perpetual motion. See the energy that radiates from the circle. Get closer still and feel the energy penetrating you. It is a conscious circle of life. Stop at a distance of one meter of your altar and feel this radiation.

Now visualize this circle rising from your altar and positioning itself above you. Feel the movement that is being initiated in your Being. Every atom of your physical body responds in perfect resonance and begins vibrating to synchronize itself with the circle's vibratory rate. Feel the movement of this circle above your head pulsating in each of your atoms. Feel a Love vibration. Each atom, each cell becomes alive. They awaken from their slumber. The energy within each atom, each cell starts vibrating softly to synchronize perfectly with the energy of the circle above you.

This energy circle now descends gently around you and positions itself at the level of your heart. The circle is still in motion. Feel its vibratory action within your heart expanding throughout your being. Feel the degree of light, the intensity of light growing in you. You become light. Very gently, each of your cells, each of your atoms begins to move and synchronizes itself with the movement of the light circle around you. Feel the Life energy, the Love energy moving in you. Feel it! (Silence).

Feel the waves moving through you. They are flowing from your heart to your head and toes. You are luminous! You are pulsating. You are resurrected. You are sons and daughters of the Great Central Sun expressed in this form, in this dimension.

Now, very gently, let the circle continue its movement around you, forever. You feel the brightness, the movement within you is stabilizing. You have reached the maximum allowed for your physical structure and light grids for today, in this moment. This movement will awaken the Divinity within you. It will set in motion the love of the Almighty that YOU ARE! YOU, everyone here.

Absorb this energy! (Silence).

Knowing that the work will continue, gently come back in this room, on your chair. Your heart is opened to the teaching that will be delivered tonight to your minds, to the energies living within you, to the energies of which you represent the totality. And it IS forever.

I salute the Light Being that you are. I salute the movement of the summer solstice inside you. This movement that will take you back to your eternity. You can, in the silence of your homes, repeat this exercise and each time the movement will accelerate. The intensity of your inner light will grow.

It is the service we offer you today on this beautiful day on Planet Earth, of her great history. One day you will understand these words. You will understand the vision that was hidden in those words for each of you. See you soon!

Sananda

Good evening, I am Sananda. My heart blesses your hearts, your minds and each of these stars that live within you, of which you are not really aware.

Today, the Flame of the Will of God will be presented under a different aspect. Know that we could talk about this Flame three hours each evening for a year and that everything would not have been said. This Flame is unique just like each of her sisters, these other flames that you know and those you have never heard of yet. All the flames are intimately related, but each has its own characteristics and strengths.

The Flame of the Will of God is not what most humans think. The Will of God is not something external to you, it is something inside you because the God we are talking about here, is you. You are the creators in this dimension. When you are perfectly aligned with your soul plan, the plan of your Sacred Heart, you become a God Creator to whom all Creation is submitted because each energy parcel surrounding you is conscious, alive, is based on Love and this Love always responds to Love. If you, as son and daughter of God, manifest and radiate the Love that you are then all of Creation is at your feet to accomplish the Will of God through you.

Here we are not talking about a remote external God observing you, weighing you, measuring your behaviours, your visions. A God who wants to impose his will. No! You are God in evolution. You are a part of the loving heart of the Source evolving in this dimension. When your heart reaches a level of Love where you can merge all your bodies, you have a direct telephone line with the heart of Creation, the heart of all matter, all light in all dimensions. And each of these particles hears you. With great love and joy, all this awareness rushes toward you to fulfill your wishes.

Therefore, it is important to reunite all life in you, to reunite your physical body with your emotional body and your mental body. When these three bodies are unified, you become a real Sun to which the Creation obeys to accomplish your will.

This definition of the Will of God is the highest definition that can manifest in your dimension because even God - the Source – would not dare to interfere in the dimension you have created. Everything that occurs here, is manifested thanks to you or because of you. You called it. You materialized it.

The first step in order to express the will of God, is the love for yourself. By loving yourself, you will increase the vibratory rate of your cells. By loving your emotions, you will increase the vibratory rate of your emotional body. In loving every thought, you will also increase the vibratory rate of your mental body. When these three bodies will be loved perfectly, unconditionally by your consciousness; then merging will happen. At that point, you will become a creator. You will become an extension of the Source, in this dimension, to which matter obeys.

The exercise that was given earlier by Mary is an important one. It helps to activate the light inside of you. Why is this so important? Because another definition of Love is this: movement, communication. Love is not

stagnant. On the contrary, Love is an energy that is always in motion to create ever more and more movement, shapes and light. You, here in this room, are forms of God's Love who have dared to say yes to the adventure of the third dimension. If you imprint this movement in you, you imprint Love in you. Look at this body you are using. Is there movement in it? Yes! The blood circulates through the body. The oxygen flows through the lungs, the blood, all these beautiful systems that constitute your physical body. The energy flows through your body. Life flows through your body.

What supports this life in your body? It's Love. It is the contact of your Christ Self with your physical body that supports the energy and the life with his Love. And his Love is movement, his Love is the heartbeat in this body you are using. When your Christ Self removes his contact with this form you are using, the heart stops beating. The movement stops. Everything dies.

Love creates the movement, creates life. And life creates the universe, the planets, the animals, the various forms of consciousness in all kingdoms. Love is an eternal exuberance of which you are the proof. Human is the culmination of multiple Love trials seeking to materialize in the form, in the movement.

Why do I speak of this movement, this Love when the theme of this meeting is the Will of God? Because when you become a sun radiating Love; the Creation, which is in movement around you, dedicates itself to creating the shapes you wish, to manifest your thoughts, your emotions, your dreams. You become a transmitter of Love waves, of movement waves and the movement impacts the Creation which will materialize the form corresponding to the Love wave you are transmitting.

Everything is connected. The Will of God is one of the most powerful attributes of Creation. The cells, the forms of intelligence-light that constitute the basis of all Creation, obey to Love, to light, to this quite special wave because Love is forever linked with eternity, with that which is incorruptible, with that which never dies. Each time you increase the light level in you, you increase the movement inside your cells, your atoms. You increase the level of intelligence, of consciousness of the matter not only in your physical body but also in your etheric, astral and mental bodies. Each body is composed of intelligent energy responding to your heart, your Being and radiates what is inside your heart.

The heart is the central point. It is the nuclear center of these light grids overlapping around you. When this nuclear center only shines Love, only holds Love, you radiate a substance. You become the creator of a substance because the matter around you synchronizes itself to the fire in your heart. It becomes light. Your etheric body becomes light, your emotional body becomes luminous, your mental body becomes luminous... and everything else comes together as easily as gears turning in a system. At that time, you really become a Light center that emanates pure Love from the Source aspect that you represent. These vibrations, this life movement are projected into the cosmos. You're not isolated from the Creation. You are a drop in the ocean of Light and the Ocean of Light is all the Creation, all the universes.

When a human awakens or rather reawakens on Earth, all Creation knows. The Light radiation coming from this child of God produces a Light wave that is reflected in all the Creation. Each Light particle contacting the Light particle that was radiated from your heart and this other particle communicates with the other particle that communicates with the other particle ... until the whole Creation knows.

Creation is based on love. Love is communication and movement. So, children of the Celestial Light, be Light beings! Be Light beings in motion, in action, radiating goodness and light from your heart because the whole Creation is watching you. The whole Creation is waiting to share its Love with your Love. See you soon!

El Morya

Good evening everyone, I am El Morya, the one who knows the Will of God. I am the Master of the Flame you heard about in our beloved Aurelia's writings. I am also an active member in the Brotherhood of the Ascended Masters, working to revolutionize the world of human thought. The thought process needs to be changed. It must be brought to its next level because now humans are merely surviving. They do not know the power within themselves.

The Will of God is an attribute of the Source that is at man's service when he discovers his inner power, which is to say when he discovers the power of his Love. In order to discover the power of his love, he must first **learn to love himself unconditionally**. I will repeat. You must learn to love yourself unconditionally. Only at that point, the body will be able to establish a Light bridge with all its other bodies: etheric, astral, mental, Buddhist, athmic, all its spiritual bodies.

It is the most important step before you now. That means loving your body, your thoughts, your emotions. The trinity, what! Start with your physical body because it is the one you see in the mirror and it is often criticized during your day.

When perfect Love will unite these three bodies in you, you will be ready to open your eyes to a new world: the world of Creation, the world of laws that govern the universe and Creation, because you will become a creator. Having merged these three bodies with love, you will radiate a Light ray in all Creation. Everybody will see you. All the cosmic conscious energies will see and they will come to you to accomplish your will. When you will unify all your bodies into a single ray of light, you will have mastered every thought, every emotion, every action you take. And they all will be of the world of Love.

That is why, today, I invite you to observe your thoughts, to become aware of your thoughts, to become aware of your emotions, of what lives in you because these forces and energies are alive and conscious inside your bodies. The thoughts that run through you reflect the Creation. Explanation:

Every thought that crosses your mind generates a movement in your mental body and this movement creates a light wave corresponding to the vibratory rate of the thought that went through you. And the vibration goes out into all Creation. You are not the only who knows your thoughts. Each of your thoughts writes in the Creation. Each of your thoughts goes in all directions. They permeate all layers of light and return to the heart of the Source since you are a child of the Source, you are not separated from his heart, his intelligence, his energy, his consciousness. These thoughts are messengers and they color the Creation wherever they pass on their way back to the heart of the Source.

You emit waves, geometric shapes, sounds, movement from your emotions, from your thoughts, from your actions. All is known. All is recorded since everything emanates from you and travels outward to the Creation.

When you have mastered your thoughts, only thoughts of Light and Love are generated from your being. You accept nothing else. When only love emotions live in your heart, you become a generator of Light, of Love, which is the signature of the Source's Sacred Heart. You create an energy bridge with everything that corresponds to this Love in the matter and in the other dimensions. When you consciously act in Love, you write love letters in this dimension. You communicate by your actions, to all this intelligence around you, Love movements that will spread in the Creation.

At that time, you become a sun, you become an agent of the Will of God in Creation.

This attribute of God's will is one that requires the most self discipline in the state you presently are because you are not really used to observe the quality of your thoughts, the quality of your actions, the quality of your words, of the emotions you generate.

I, El Morya, invite you to take a step towards consciousness. I invite you to begin noticing what type of thoughts goes through you. I do not ask you not to move, to watch everything happening inside you and to be so concerned with this self observation that you cannot accomplish anything else. No, I ask you to begin examining the thoughts that cross your mind. You can, at the end of a workday, look at the quality of your thoughts and say, "Oh, that thought could be improved. Tomorrow, I will do better. This other thought was really blessed by the Gods, inspired by the Source. It was extraordinary, it gave me wings. Oh, that other thought, I would have felt more joy in my heart if it had been different. This thought was rather limited, was quite disgraceful of the sacred heart of my brother, my sister, this situation."

You can get into a routine during the day. For example, when you take your break, you can say "Oh, I will revisit the last hour. How did I live? Was I impatient? Did my actions lack love? Did I always have loving thoughts for those around me?" And if this is not the case, welcome these thoughts. Thank them for they are your teachers, they are your brothers and sisters, they are agents for your evolution. Isn't this well said? These thoughts are your teachers. They show you what you need to change inside you. They show you the level of consciousness that you must develop and you do this with joy. Every day you become more aware of what is going on inside you. And you say: "No! Rejected! I will replace you with a thought of Light." Instead of thinking that this person is really badly dressed, I will think: "This person is truly unique, she makes different choices. She stands out in the crowd. And congratulations to her."

Each thought is like a coin you can flip. Do not judge yourself, accept yourself. Welcome yourself in your thoughts, your emotions. Welcome these words that you speak. Accept this physical body. If your finger hurts, whenever you feel the pain welcome it and tell it: "I welcome you into my heart, I thank you. There is a lesson to understand, to assimilate. Please, help me figure it quicker. I welcome you with all my love." Start welcoming these thoughts, these words you speak, these emotions you feel.

This way, you will open your heart to accept yourself fully, to accept who you are in the present moment, to welcome more and more light. More you will welcome these thoughts, these emotions, these gestures, these words, the closer you get to your unity. And the closer you get to your unity, more you will become this shining sun to which creation obeys in order to accomplish the Will of God through you.

With these words, I salute you. I salute the greatness of your souls. And meditate on this facet of the Will of God. Tonight, I presented an aspect to help you better understand the true Will of God. Meditate in your heart and I will speak about the Will of God in other words. I will present it to you in a different perspective and together we will grow while accomplishing the Will of God. See you soon!

The Sacred Light

I am the Sacred Light and I come to you tonight because I want to explain to you the relationship between the Sacred Light and the Will of God.

What is the relationship between the Light and the Will of God? It is Love. As said before, Love is movement, communication, exchange, creation. Regardless of the form that represents it, when energy accepts itself completely in the light of Christ, in the unconditional love of its essence it radiates light because the energy becomes movement. In accepting itself unconditionally with a pure infinite love, it automatically recognizes its

connection to the Source of all life and this recognition creates the movement of joy, of life within itself. Love in motion creates a wave, an energy that manifests itself into light.

Know that there are several degrees of light. The one you can see with your eyes. The one which is invisible, the black light, the infinite one that cannot be touched but which is created from the energy of the consciousness. When you become a bright sun radiating the unique, precious and sacred Love that you are, you emanate a light and it is that light that orders the creation to manifest your desire. So I, the Sacred Light, am the messenger of your heart toward the Creation, toward the substance of Love light of the cosmic movement that combines the light molecules in a form corresponding to the dimension to which they belong. A light particle that belongs to your dimension will materialize a form in matter.

A particle of light belonging to the world of thoughts will create a form corresponding to the thought that has been emitted. These words are very important. If people of the earth met and demanded peace in the world through their thoughts, their emotions, by their being; they would form a thought-form of peace that would materialize in the world of thoughts. This form of peace would have no choice but to materialize in your world since it would return to its creator. All energy is conscious, and it will manifest in different ways. It will manifest by association respecting the rules of the dimension to which it belongs. Ponder over these words: *love, movement, intensity, light, creation.*

I salute your greatness, the light, my light inside of you. Good evening!