

## **St-Germain**

### ***Blessing of water***

I am St-Germain. Glory to each of you, glory to the One Life that is in you and manifests itself through each of you.

I invite you to hold this glass of water, this glass of liquid, this glass of Light. Today, as One Heart, we will practice manipulating energies, using our creative power, our power to manifest, to modify energies for our greater well-being.

This glass of water that you hold in your hand seems liquid to you, seems dense to you in a container that is even denser. You, almighty creator, I ask you to stand well on your two feet, to feel your anchor with Mother Earth, to feel that this body obeys you, that you use it; that at this moment it is a tool, a divine sacred tool. A tool that from now on, you choose to learn to respect, to recognize, to love.

Through this liquid that we hold in our hands, all together as One Heart, we each choose to transmute this liquid, that is, to polarize it with a special energy, an energy of Life, an energy of Light, an energy of reconnection.

Then, connect to this heart within you and allow yourself to believe that this heart is conscious, that everything is possible for it, that it is the Supreme Link with the Great Life in you! And from this heart, you emit a Light ray that passes through your arm and touches this glass. Together, as One Heart, we declare before Creation, before the Universe, before the Great Life that we charge this liquid with the Pure Light of Christ, the Pure Light of the Infinite Light Love; and that this Life will regenerate and anchor in each cell of your physical body, the Great Life, its link with the Sacred Heart of the Great Earth, the Planetary Consciousness. And that from now on, the link of this body - this tool that you use - to this Great Life manifested by this Planet and by all that is around you, this Great Link will be recreated and regenerated.

From now on, we decree that this liquid will start the rebirth of the Great Life from that physical body you use. Each droplet of this liquid will reach the heart of each cell of your physical body and of your invisible bodies to reactivate the link you have with the Heart of Mother Earth, the Almighty Heart of this Consciousness in which you evolve and the link with the Great Life manifested in everything in this dimension.

I, St-Germain, spoke on behalf of each of you, on behalf of the agreement that we accepted, welcomed last night, all together as One Heart, as a ritual, as an action in the physical to start the regeneration of our New Earth. The New Earth of our new understanding, of our link with the Great Life in all things, from this physical body.

I invite you to drink, gently and consciously, this elixir of Life that will trigger a new process within you: a process of awakening that will grow in the weeks and months to come. Drink

silently, please, to the last drop; and by this ritual, we anchor this truth, this living reality that we choose to anchor in each of us.

Thank you!