

Adama

I Am the Power of Love in Action

Welcome! Welcome to the Heart of Lemuria. I am Adama and I am blessing each one of you on the path that you are walking on and each one of the paths that you have walked on before coming here. Coming to this new life that you are invited to create for yourself.

We have repeated all weekend that *you have the power; you have the power, you are the power.*

So, today I am inviting you with the Love of the Heart of Lemuria to anchor deep down inside of you, in this heart of yours, that you are *The Power of Life in Action* in this dimension. By anchoring this truth, this consciousness, this concept that you are *The Power of Life in Action*, you are creating a new life for you, because you are connecting to the Universe because the Universe is *The Power of Life in Action*. So, when you say out loud in front of the mirror "*I am The Power of Life in Action*", "*I am the Power of Love in Action*", you create a strong connection with consciousness, with the One Consciousness that holds all creation. And what happens then? All consciousnesses that are part of your physical body, your other bodies and all the ones your physical eyes cannot see yet, are listening and are curious. They open the door to find out: What is this *Power of Life*? So that you feel it. They are part of it and they want to welcome, welcome again *The Power of Life* inside of them, because there is a taste inside of them, a memory of the True Life, of the Power of Life, the true meaning of life *The Power of Life in Action*.

So, they start aligning and readjusting themselves. They start aligning with the Divine Truth and they start producing changes inside of you, changes in your feelings, changes in your perceptions in order to help you align with the Power of Life. Because the *Power of Life* is *The Power of Love in Action* and love is the almighty Power that sustains the Perfect Balance out of Creation.

These affirmations: "*I am The Power of Life in Action*" and "*I am The Power of Love in Action*" produce a new blueprint for you, which is realigned on your Perfection, realigned on the Eternity that you are, on the Light that you are, on the Life that you are; it is so simple! It is so simple, and yet so powerful! By saying, by pronouncing these words you reaffirm your affiliation to the *Power of Life, the Power of Love*. Nothing resists *The Power of Love*.

All in this Universe is listening and obeying Love because the Universe is connected to the Love Energy; and so, you attune yourself to the Love Energy of the Universe: How powerful can this be? By connecting to the Power of Life and Love, you are opening your antennas. You are saying to the Universe "*I am ready, show me the way, guide me, I trust you.*" Because you are *The Power of Love in Action* and *I am The Power of Love in Action*: we are One!

So, by pronouncing, believing, integrating these words inside of you, anchoring the frequency of these words, the frequency of this feeling inside of you, you accelerate your awakening, your reconnection to the True Life, your reconnection to the Perfection of this Creation, the Universe, Consciousness, and Source.

During the last few days, you have been embraced with the Energy of the Heart of Lemuria. Since you have walked on this land, you were surrounded by the Energy of the Heart of Lemuria to create openings within you, to support the opening of your heart with trust towards Life, *the Power of Life* inside you and around you. So today, I am coming to bless your life, to bless your future and present actions, because you will be in the action mode from now on, if you choose to. This is what I am blessing. I am blessing your hearts now in order to reactivate your action mode in the Love Energy, the regeneration energy, the resurrection energy and the ascension energy.

Officially now, we are closing this session, we are closing the door to the old life and opening the door of your new life; a new life surfing on the wave of change with Love.

Thank you.