

Aurélia
Joy is a barometer

Yes indeed, I am here with you! I am Aurelia and thank you so much for celebrating my life. My God! I never thought that moment would come! But everything comes in time, don't you see? You are the confirmation of my dream.

Well, just a few words to truly thank you from the bottom of my heart. Most of all, thank you for the work you are doing on yourselves, the hard work you are doing to improve, to expand the Light vibration, the Light frequency in your heart. Because truly this is the work we should honor and celebrate today.

When I was walking on the planet, I wish I had the vision I have now. I wish I had the mastery of emotions that I have now. I wish! I wish! My wish list is long, but I will spare you with the details. But for now, now is an eternity moment with you, now is a precious moment! And now is an important moment to share and to tell you that joy is a frequency that should be embraced each day, that should be kept in your heart and close to your vision. You should be able to bring it back to yourself quickly, deep in your heart each day, any moment of the day because joy is such a powerful frequency.

So today, I am asking you a few questions: Is there joy in your life now? Is your heart singing a joy song? These are important questions because they help measure the work you are doing on yourself and the direction you are heading. If it is a direction that brings you more joy, you are on the right path! If joy is not present in your life at the moment, I am inviting you very sincerely to adjust your path so that you are in alignment with your dreams, with what you carry inside of you, with your truth, with the beliefs you hold, and with what makes you happy.

Because joy is a measure of your success in listening to your soul. It is a barometer that indicates if you are in touch with your soul and your heart. The more you listen to your soul, the more you walk on the path that was chosen by yourself and by your soul before your incarnation.

So yes, joy is a magnificent tool and frequency that you should keep inside of you and nurture in your daily life at home, at work, and in your world.

These are my special little words to bless this day, your life, your work on yourself and your courage because it requires determination. It takes courage day after day to continue working on yourself, extending your light, your love, your understanding about yourself, and your compassion toward your brothers and sisters. Yes, it takes a lot of courage and determination for what you carry inside of you. Each one of you has a lot of faith. Let me tell you, your mere presence on this planet keeping your faith is shining. It is opening the door in front of you and that is the truth.

So, take care of this faith, take care of your joy, take care of your life. I wish you the best of the best in each aspect of your life, as I wish myself the best of the best each day in Telos. Thank you!