

## Message from Trust while Hiking

Thank you for inviting me! Thank you for allowing me to express words and frequencies, to create invisible forms in the light with the energy that I can use to touch your heart. In fact, trust is life, it is your connection with life.

What is your appreciation of life?

How do you perceive yourself in life? In the flow of life?

How do you perceive your connection working with life?

Are you part of life?

Are you feeling life within and around you?

All of that is TRUST, it is the signature of your trust in life, because in my world, in my universe trust in life is ONE, is unity, is oneness. Life is Trust!

The more you love life, the more you love your life! The more you admire, the more you are filled with gratitude with the quality of your life. The more you extend the quality of trust in your heart, in your life, the more it takes another color, another frequency. Trust and Life are One and should not be separated, beloved ones!

Do you love your life? Do you love life? Do you love your experience in this dimension as living beings in density?

All the answers to these questions indicate your level of trust in life, in the experience you are having in this dimension. It also has a link to all your experiences from the other lifetimes you bring with you in this dimension. This trust of yours is colored a lot by the experiences that you experienced in this dimension with other physical bodies.

But the great news of the day is: ***“Because you are a magician! You can infuse trust in this lifetime!”*** And you can choose, you can decree that this trust is affecting and unfolding in all of your lifetimes coloring each one with trust in life, changing the color, the vibration, the energy. You can change the energy of this lifetime and other lifetimes in this dimension, other dimensions, other universes, other planets, other types of frequencies. You can infuse the TRUST connection, love of life in all these experiences.

So, do you trust life? Do you want to trust life? Do you love life? It is up to you! Which frequency do you want to feel? to experiment? Which frequency do you choose to amplify? ***You are a magician!*** You can choose to reduce, amplify, nullify, or create a frequency with your willpower, your intuition, your desire, your dream, your trust, your love, your life. These are all part of the same energy.

We talk about the same energy. We talk about you, about creation, the quality, the frequency, the vibration, all the creations you are experimenting, experiencing, choosing, living.

This is what I wanted to transmit to you today so you have another perspective about TRUST. Open a door, a new door on this understanding to enable you to connect more with TRUST. This life of yours, this love of yours, this creation of yours all indicate that you are part of Consciousness experimenting, creating, growing in all of Creation. However, for the moment you are focusing on this lifetime, in this now moment in a physical body.

Thank you for inviting me! Thank you! Thank you! Thank you!