

Peace Garden

Lady of Peace - Breathe In

Listen to the sound of peace in this area. Nature is celebrating peace. Peace for humanity, peace for each one of you, peace in your own universe. I Am the Lady of Peace, the Lady of Light, the Lady that spreads and extends the consciousness of peace in this world, on this planet.

Today, I am coming to bless your heart and the heart of those ones that are searching the light, searching to amplify the love frequency in their own hearts.

As you are listening to this song, do you realize that you are a song yourself? A song of love, a song of peace. You are the song of Source walking among your brothers and sisters. You are the song! Repeat these words inside you:

*"I Am the song,
I Am eternal,
I Am the new law on this planet.
The law of Love touching all aspects of Life in this dimension. "*

Just breathe these words, breathe in this frequency, this life.

Your intention is to create, beloved ones! If you qualify this air by the quality of peace that is what is going inside your lungs, that is what is going inside your physical body. You can qualify the air you are breathing in with any quality you want to extend in your own universe. And when I say: "*your own universe*", I mean the universe of your thoughts, the universe of your emotions, the universe of your physical body. All that belongs to you!
All that belongs to your experience in this dimension

You can breathe in any frequency that you want to adjust to. If you want to adjust the frequency of compassion, you just declare:

"I am breathing in the compassion and this compassion is growing inside of me, in all aspects of my life from the physical body to all my invisible bodies. "

You breathe in this essence of Life and you feel that it is transforming you, that it is merging with all aspects of what you are experimenting in this dimension. You have this power! You are a creator manipulating energies. Learning to manipulate energies to manifest the life you want in this dimension.

To regenerate your physical body, you breathe in the energy of Eternal Youth, you breathe in the energy that brings feeling, balance to each one of your cells and you feel it. So, you create the action inside of you by having the intention and qualifying the air that you breathe with a specific quality and by feeling that you are applying, you are activating the action, the activity of this air inside of you. The activity of the frequency that you have chosen to place inside this physical

body or place inside specific organs, or place this quality in a specific emotion that needs to be balanced inside of you. You can even breathe in a frequency of compassion for yourself and for all those ones that are related to your blood line. ***There is no limit! No limit to your power!***

Ask to be guided beloved children, to know how to use the power of this energy in which you are surrounded and *that is inside of you*. You are literally living in the powerhouse of energy, the powerhouse of unlimited energy that is just waiting for you to qualify it. That is how powerful you are!

So today you are welcome to *this Paradise of Peace that is inside you*. You can go in this paradise of peace inside you anytime when you feel the need to. And from this Paradise of Peace that you carry inside you, because it has always been there, you can reactivate an energy inside of you. You can call in this energy to manifest something else to transform you, transform your thought pattern, transform a habit, transform a dependency, transform anything you want, transform a situation with yourself, your family, a situation at work, a situation with your neighbour. Any situation about your country. You can breathe in peace in the country of USA. There is no limit to your power and to your actions!

Today, I Am bringing peace to each one of you, peace from the Heart of Life. You have this entertaining life in this dimension, the Heart of Lemuria, the Heart of Mother Earth, the Heart of Compassion, the Heart of Kindness, the Heart of Love.

I have spoken with these words to reactivate inside each one of you, specific memories, memories of the work that you have done in other lifetimes, other civilizations, memories to reactivate your power of transmutation, of manifestation and precipitation.

I bless you, I bless you, and I bless you again!