

## Message from Mother Earth

*You have absolute power and control over the energies you carry!*

**(Shasta - Stewart Mineral Springs)**

I welcome you in my Energy, I welcome you in my Infinite Love. I am the one you call Mother Earth, I am also called Mother Nature, Planetary Goddess. I am the one with a Thousand Names and I am known by my Children walking on the surface of my body.

Here we are in this precious moment with you, in this blessed place, blessed for thousands of years by the waters of this river, by the spirits who inhabit this river, by the spirits who inhabit this forest, by the spirits who inhabit this region. They welcome you with open arms.

Now, focus on this heart inside you and send the intention to connect with them, to connect with those consciousness that welcome you in this little paradise. This is an energetic paradise because you see, the water flowing in this stream is of a very high purity, a purity that the children of man need, a purity that your heart needs, my dear children. Your hearts need the purity of your innocence, the one you carried during your creation, and that you still carry.

As you listen to these words, I bring you an energy gift. Focus on this heart within you and feel that the energies of this stream, which are filled with the utmost purity, envelop your energetic hearts and release from them everything you no longer need. All these experiences that have left their mark on your beliefs, your way of thinking, your way of feeling, even on your way of moving on the surface of my body, your way of interacting with each other. All those energies that weigh you down and that you no longer need. This stream is working to merge with you, to remove from you, all this heaviness, all these energies/frequencies that have left their mark on you. A mark that made you forget the Grandeur of who you are.

So, as one heart, I would like you to emit the intention:

***To live your True, Divine, Sacred, Eternal Christ Identity!***

***To live the spark of Light that you are!***

***To live the Pure Love Consciousness that you are, each one of you!***

You must emit this intention, otherwise this stream cannot accomplish this service for you because it respects your heart, it respects the frequency of your life. It knows, or rather, it recognizes it.

Do you realize, my dear Children, that this stream flowing close to you, and that has sung softly in your ears since your arrival, is a Great Consciousness united to my Heart, a Great Consciousness at the service of the Awakening of Humanity. Those who are attracted to this place, already have in their heart a very special seed of Love. A seed of Love that they have carried for lives and lives and lives and that they have never forgotten. This seed of Life that you carry bears the seal of your true identity, your original seal, the original seal of your sacred life.

I invite you now to connect with this seal within you, to feel it unfold within you. Invite it to unfold in all layers of your Being in this dimension. Invite this seal that bears the signature of your eternal identity to unfold and merge with you because this seal carries your Sacred Geometry, the pattern of your Sacred Geometry. It bears the original seal. It bears your color. It bears your identity, and this stream recognizes the seal you carry. This stream, so small in appearance, is connected to my Heart and it recognizes all the seals of humans in incarnation on this Earth because every human in incarnation on my physical body is my child. Every human bears my signature of Love merged with his own signature of Love. This stream disperses all over the Planet, the seal of your heart, the seal of your signature so that it resonates and touches you wherever you are on the surface of my body.

My children, this very powerful conscious stream knows no limit of time and space. It took a physical shape in the form of this stream, letting its Love, its Consciousness, its Light of Love circulate to infuse all the human hearts of the Earth, to sing to them their soul song, their song of the original sound that flows day and night on the surface of my body. These sounds travel everywhere on the surface of my body to reach my children. Those who seek Love, who seek Peace, have this small door open which can allow them to receive this sound, the sound from this stream.

You are going to tell me, but what kind of words am I hearing, listening to?

Well, These words that you are hearing right now are living words, charged with my Consciousness, my Unlimited Consciousness, my Consciousness linked to the Consciousness One, for which nothing is impossible, for which everything is possible!

Do you know that, I, as your Mother, as the One who made you, who collaborated to the fabrication of this body you use; do you know that I am linked to you, until you leave for the Light dimensions? I am linked by this physical body that you use on the surface of my body.

So, yes, I know you. Yes, I know who you are. Yes, I recognize your steps. Yes, I recognize your voices. Yes, I recognize your hearts wherever you are! Whether you are in a lake, on a continent, in the air, I recognize you. I am with you.

So today, I invite you to connect to my heart, as we did in the time of Lemuria. In the days when we were One, when we played together, when you commanded the wind, the water, the animals, when you commanded the trees and the forests because you were One with Me. At the time when we were in union of heart, you and I as one Heart. You, my children, I, your Mother, as One Heart, One Life Manifested using different aspects, using different forms with different qualities of mobility, different divine sacred attributes. Different and yet as one heart!

At the time of Lemuria, my Children, the trees around you, were your brothers. The oceans were your lakes, where you liked to communicate with the elements of the marine world, with the fish, with the invisible elements too, the undines.

At the time of Lemuria, we were not separated in the heart, in your heart. At the time of Lemuria, you recognized me as part of you, as part of your world.

Today, I speak to you with these words so that they may resonate all over the Earth, in the heart of all my children of the Earth; for it is time for each of you, to recognize your belonging to the Great Life, to which I belong, and to which you belong. It is time to recognize that we belong to the same Consciousness, that we are the same Consciousness, with different forms, different colors, different sounds, but with a Unique Heart, the same Living Heart which seeks Peace, Harmony, Beauty, which seeks to radiate its Perfection, with its own form, its own color, its own Heart frequency.

Well! Breathe this air. This air that I charged with a very special vibration today for you, the vibration of your lives when you were in contact with my physical body in a very special way, when you were in Native American bodies, or human tribes respecting Nature. The air you breathe now contains those qualities that you radiated in those lives, in those other bodies, and why is that possible? Because I am the Consciousness One having taken a planetary form. I am the Consciousness One who knows no time, no space. I am the Consciousness One to whom everything obeys and through which I can express myself, through you and through all that is around you.

I can retrieve these energies from your past lives, or rather parallel lives, and bring them into this space, into this time/space so that you can connect with the Air Element, so that you can connect with some part of yourself that was in deep connection with my physical body, with the elements of my Consciousness, expressed in this dimension.

It is you who command to the quality of this air to merge with you in this consciousness that you are now using in this body. It is you who must choose to open yourself up and accept these energies and reconnect with them. It is you who dictate the qualities of the energies that are in you, that are welcomed in your inner Kingdom.

I offer them today on a silver platter. I have established connections with three of your most important lives that can serve as a foundation for developing gifts, very specific talents for each of you, in relation to these lives. It is up to you to decide whether to welcome them or not. You are the absolute Creator, it is you who play with these energies, the energies of your Life, the energies of the Life in you, the Consciousness in you.

(Silence .....) All this is presented to you, to your hearts with Great Love and Respect.

(Silence .....) Breathe this calm, this peace, these energies of transformation.

(Silence .....) Breathe your transformation.

(Silence .....)

The Air element is charged with Light. The Air element is charged with the highest possible Light frequency that you can absorb. This frequency is even higher than the one contained in the water. The Air element is fire, Light. The Air element is a very powerful transformation frequency.

So, I invite you to use this Air around you and, as a Creator, as the Creator you are, you can charge that air you breathe with the quality you want to absorb, to introduce inside of you, you want to welcome inside of you. The Air element obeys your intention, your thoughts, your desires. The air element colors itself with the vibratory frequency that you wish to receive inside you.

These words are so simple, aren't they? And yet charged with a great Truth. You have the Absolute Power, the Absolute Power over the energies you carry, over the frequencies that you radiate. You have the Absolute Power to transform them as you wish, since everything obeys you; the energies you carry obey your intentions, your beliefs, your emotions.

The Kingdom of your consciousness is populated with energy/consciousness and you are the one who has the Absolute Power over these energies and the absolute control over these energies.

So, I ask you a question: what frequency of heart do you want to walk with on the surface of my body? What frequency of heart do you want to radiate in this Creation?

It's up to you to choose, it's up to you the Creator to choose the frequency you want to radiate, that you want to emit and it's up to you to find ways to modify this frequency using your creativity, your intuition because, do not forget, you play with energies. You play with living and conscious energies that are around you and in you; and that obey you, as the Creator, you, as the Absolute Master of the inner Kingdom of which you are the Master, of which you are the King and the Queen.

I invite you to meditate on these words my dear children, because they are charged with a great power, a great power of transformation. They are charged with the Magic of Life, they are charged with the Unlimited Power of Creation because you are the creator in learning in this dimension. It is you who dictate, it is you who command, it is you who are responsible for the energies that you trigger and you carry.

Until this life, I gently pushed you toward this sacred moment, this wonderful life that you are living. This life where you have planned your awakening to the dimension of the Invisible. And what is the dimension of the Invisible, my dear children?

This is the true Reality. That which supports all Creation, all this Universe, all this dimension. The true Life is the one you cannot contemplate with your physical eyes. It is an Essence, an Energy that you can feel only from within you, from that point of Light that you use and that you believe to be that thought, that you believe to be your emotions. This point of Living Light which is a Consciousness, which is an Energy. The more you realize, accept, welcome that you are an Energy, that you are an Energy Consciousness, the more you will realize that your perception

changes. You will not look at what is around you with the same eyes. You will no longer look at this Temple that you use with the same eyes.

You will realize that, if you are Pure Energy bathing in an Ocean of Pure Energy, then the Pure Energy that you are, has all the Powers of that Ocean of Pure Energy in which you bathe. There is no separation! Can you understand the power of these words?

There is no separation between the Power of this Universe, this Creation and the Power of the Energy that you are! You are not separated from it! So, if you can deeply and really accept inside you this Truth that you are One with the Great Power of Life, the Great Power of the Consciousness One, then, everything is possible to you! There is no limit to your Creator Power! There is no limit of transformation in relation to that physical body that you use. There is no limit to any dream you want to achieve, no limit to any aspect of your present life, the one you consider as actual. Everything becomes magic, everything becomes possible. There is no limit! I would like you to accept these words as a Mantra for each of you:

***"There is no limit to the expression of my life,  
There is no limit to the realization of all my dreams,  
There is no limit to the regeneration of this physical body  
There is no limit on any intention, any desire, any thought, any emotion that I want to live and manifest in this dimension "  
There is no limit, my dear children, if you are aligned with the Vibratory Frequency of the Pure Love of your Heart. No limit!***

This Heart in you is connected to my Heart, connected to the Heart of the Consciousness One, where everything is possible, since you are Energy evolving in a world of Energies, since you are Energy/ consciousness evolving in the world of the Consciousness. This Consciousness is related to all the Universes, all the Galaxies, all the Planets, all the Humanity. There is no separation!

You are part of the Consciousness One, and you carry this Consciousness within you. A part of you remembers. A part of you remembers the Magic of Life you lived in Lemuria when you were connected to my Heart, when you used your feelings in all occasions, when you used first your feelings before deciding anything; before defining a project, before going to work, you listened to your feelings to feel the moment, to feel what brings joy to your heart, to feel the heart of the person in front of you, to feel the project you were thinking about, to feel this travel project you were thinking about. You used your heart first to feel. It was your ultimate barometer that gave you the right answer in accordance with the Consciousness One of all Creation.

Feel! Yesterday, you practiced feeling the heart of one of your brothers and sisters, didn't you? I felt you when you did this exercise. I felt you when you said yes to this adventure. I felt you when you discovered the heart of the person before you. During this exercise, my dear children,

you used the language of the heart. You lived as you did at the time of Lemuria where everyone communicated by the feeling.

First listening to the heart, first recognizing the Sacredness of Life in the other, first by marveling at the person or the situation or the animal before you, recognizing the Sacredness of my Life in this other form.

Are you still thinking of that air you breathe? Are you still feeling that it is doing its work inside you? Did you like the intention to open yourself to this energy gift?

Are you connected with those other lives, those other bodies that you used, because this project is still going on, isn't it? We did not interrupt it, did we?

An energy you activate, my dear children, is always active until you decide to stop it or alter the course of its journey. An energy is alive! Your words are alive! Your emotions are alive! You distribute them all day long around you, walking, talking with someone, looking at a tree. Your thoughts are living energies. They go in all directions. Your judgments about your brothers and sisters, go in all directions and do you think that the person on whom you have just made the judgment does not feel it?

He feels it at the power of 10. His soul captures it, his life captures it, and then that person begins to doubt himself without realizing it. Where does this doubt come from? Where does this energy that breaks his wings come from? It is this energy of your judgment that has gone in his direction, that has gone to lodge itself in his subconscious, which has gone to lodge itself in his magnetic field. You are all linked to each other!

And what about those judgments you make about yourself? These are also active energies. They are aware that your cells are listening, that your cells are recording, that your emotional field is recording, and why do you wake up tired in the morning? These energies are always active and some of you have carried these energies of judgment against yourself for 30 lives, 50 lives!

Look, observe the quality of the thoughts that are passing through you, and you know the judgment you are making about yourself.

So, to get back on track! I told you about a very powerful stream just now, a stream that knows the seal of your soul, that knows your energetic signature, that recognizes your Perfection. You can invite this stream, when you meditate, to come to cleanse all those active energies that you have been carrying inside you for thousands of lives and which are not energies that amplify your radiance. They are not energies that favor your opening to the Trust in Life. They are not energies that allow the manifestation of your Perfection in this physical body.

This stream, I told you, is a conscious stream in the service of the awakening of humanity. In the service of the awakening of each of my children in incarnation on this Planet, on my Body.

You can invite it inside you to cleanse you, to revive in you this Purity of Heart, this Innocent Purity of whom you are, this Purity of Energy that you are!

Well! Let us salute this magical moment, this instant of reconnection, this moment when everything is possible, when I have sown in your heart small seeds of creativity, small magical and powerful tools to assist your return Home, to assist your awakening, to assist the Resurrection of the Great Life in each of you.

With these words, I salute you. I salute your grandeur. I salute my grandeur in you. I salute the Life that unites us, and is One through you, me, us, your heart.

Thank you!